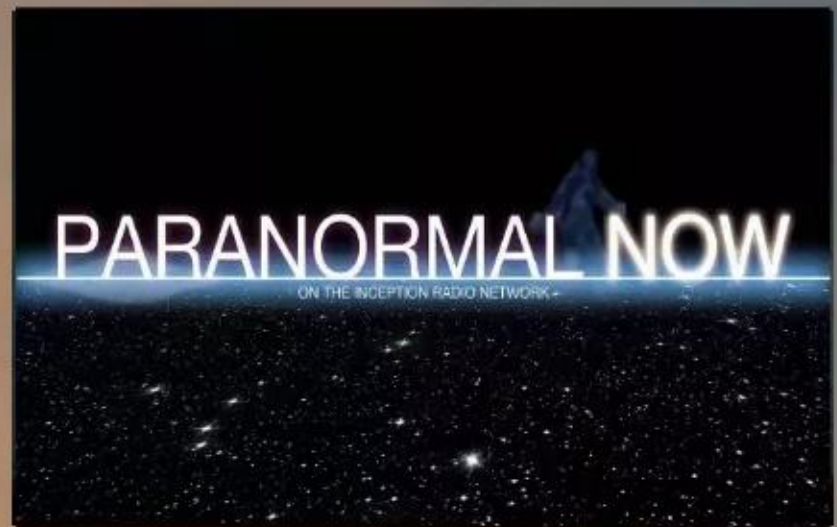

 Joseph Selbie | The Physics of God: Unifying Science & the Supernatural



 Listen on
inceptionradionetwork.com

1
00:00:16,990 --> 00:00:12,340

[Music]

2
00:00:18,820 --> 00:00:17,000
and you're listening to paranormal now

3
00:00:20,950 --> 00:00:18,830
on the inception radio network I'm your

4
00:00:22,900 --> 00:00:20,960
host Alan B Smith and I welcome you to

5
00:00:24,760 --> 00:00:22,910
join us as we traverse the cosmic

6
00:00:26,859 --> 00:00:24,770
highway of paranormal pitstops and

7
00:00:29,380 --> 00:00:26,869
tantalizing turn-offs if you're a

8
00:00:31,089 --> 00:00:29,390
regular listener to irn we have an iron

9
00:00:33,490 --> 00:00:31,099
smartphone app where you can listen live

10
00:00:35,650 --> 00:00:33,500
to the live stream from home on the road

11
00:00:38,380 --> 00:00:35,660
or from that greasy diner somewhere off

12
00:00:41,260 --> 00:00:38,390
a dusty road as you all know this is a

13
00:00:43,889 --> 00:00:41,270

podcast broadcast weekly on Saturday

14

00:00:47,410 --> 00:00:43,899

nights 11:00 p.m. Eastern Standard Time

15

00:00:49,990 --> 00:00:47,420

but for those of you who listen to the

16

00:00:51,669 --> 00:00:50,000

inception radio network frequently there

17

00:00:55,000 --> 00:00:51,679

are so many other ways for you to listen

18

00:00:57,880 --> 00:00:55,010

you can listen to Live 365 stitcher

19

00:00:59,829 --> 00:00:57,890

radio know Beck's radio tune in iTunes

20

00:01:02,860 --> 00:00:59,839

radio stream of shoutcast one app one

21

00:01:05,079 --> 00:01:02,870

Media Player QuickTime and irn roku

22

00:01:09,190 --> 00:01:05,089

channel and of course if you're at home

23

00:01:12,040 --> 00:01:09,200

and your internet goes down you can

24

00:01:14,740 --> 00:01:12,050

always call in at four oh one two eight

25

00:01:17,590 --> 00:01:14,750

three six seven zero zero and listen to

26

00:01:19,990 --> 00:01:17,600

the live 24-hour stream on the

27

00:01:21,610 --> 00:01:20,000

conceptual radio network welcome back

28

00:01:24,040 --> 00:01:21,620

everybody and has been a while that

29

00:01:26,500 --> 00:01:24,050

brief hiatus from the airwaves and i

30

00:01:28,930 --> 00:01:26,510

thank you for tuning in once again we

31

00:01:31,720 --> 00:01:28,940

have a very interesting topic tonight

32

00:01:33,670 --> 00:01:31,730

I'm very excited this is actually a

33

00:01:37,060 --> 00:01:33,680

topic that I've been wanting to dive

34

00:01:39,540 --> 00:01:37,070

into more so as of late and we've sort

35

00:01:42,880 --> 00:01:39,550

of just been brushing up the edge of it

36

00:01:45,100 --> 00:01:42,890

you know on other shows and now we get a

37

00:01:47,560 --> 00:01:45,110

chance to really dive in deep with

38

00:01:50,860 --> 00:01:47,570

author Joseph Selby and he's the author

39

00:01:53,140 --> 00:01:50,870

of the physics of God unifying quantum

40

00:01:56,560 --> 00:01:53,150

physics consciousness m-theory

41

00:01:58,320 --> 00:01:56,570

Heaven neuroscience and transcendence a

42

00:02:00,760 --> 00:01:58,330

little bit about the book itself

43

00:02:02,440 --> 00:02:00,770

compelling and concise the physics of

44

00:02:04,720 --> 00:02:02,450

God will make you believe in the unity

45

00:02:06,580 --> 00:02:04,730

of science and religion and eager to

46

00:02:08,979 --> 00:02:06,590

experience the personal transcendence

47

00:02:11,380 --> 00:02:08,989

that is the promise of both the physics

48

00:02:13,509 --> 00:02:11,390

of God is reader-friendly combining

49

00:02:15,820 --> 00:02:13,519

humor and well-chosen analogies to make

50

00:02:18,670 --> 00:02:15,830

complex subjects both scientific and

51
00:02:21,190 --> 00:02:18,680
spiritual easy to understand there's no

52
00:02:22,989 --> 00:02:21,200
math and there's no table unlike many

53
00:02:25,149 --> 00:02:22,999
books in this genre that compare only a

54
00:02:27,980 --> 00:02:25,159
few concepts of religion with a few

55
00:02:30,410 --> 00:02:27,990
facts of science facets of science

56
00:02:32,240 --> 00:02:30,420
the physics of God is complete this

57
00:02:34,220 --> 00:02:32,250
short book concisely connects all the

58
00:02:36,560 --> 00:02:34,230
dots between science and the timeless

59
00:02:39,140 --> 00:02:36,570
concerns of religion miracles heaven

60
00:02:42,200 --> 00:02:39,150
immortality consciousness transcendence

61
00:02:45,650 --> 00:02:42,210
and God and a little bit about the

62
00:02:48,650 --> 00:02:45,660
author Joseph Selby Joseph makes the

63
00:02:50,840 --> 00:02:48,660

complex and obscure simple and clear he

64

00:02:53,390 --> 00:02:50,850

is a dedicated meditator for over 40

65

00:02:55,820 --> 00:02:53,400

years he has taught yoga and meditation

66

00:02:58,160 --> 00:02:55,830

throughout the US and Europe he has also

67

00:03:00,800 --> 00:02:58,170

been an avid follower of the unfolding

68

00:03:02,780 --> 00:03:00,810

new paradigm of science with the

69

00:03:05,210 --> 00:03:02,790

groaning bookshelves to show for it

70

00:03:06,550 --> 00:03:05,220

and he is known for creating bridges of

71

00:03:08,840 --> 00:03:06,560

understanding between the modern

72

00:03:10,940 --> 00:03:08,850

evidenced-based discoveries of science

73

00:03:13,910 --> 00:03:10,950

and the ancient experience based

74

00:03:15,340 --> 00:03:13,920

discoveries of the mystics Selby

75

00:03:17,660 --> 00:03:15,350

maintains several blogs including

76

00:03:20,330 --> 00:03:17,670

intersections which explores how

77

00:03:20,900 --> 00:03:20,340

spirituality connects with culture and

78

00:03:24,200 --> 00:03:20,910

science

79

00:03:26,990 --> 00:03:24,210

he has also authored the UGA's a factual

80

00:03:30,140 --> 00:03:27,000

look at India's tradition of cyclical

81

00:03:32,180 --> 00:03:30,150

history and a sci-fi fantasy series the

82

00:03:34,970 --> 00:03:32,190

protectors Diaries inspired by the

83

00:03:37,550 --> 00:03:34,980

abilities of mystics Selby is a founder

84

00:03:39,350 --> 00:03:37,560

member of Anandi a meditation based

85

00:03:41,720 --> 00:03:39,360

community and spiritual movement

86

00:03:45,410 --> 00:03:41,730

inspired by power months

87

00:03:47,800 --> 00:03:45,420

Yogananda he lives with his wife Ananda

88

00:03:51,050 --> 00:03:47,810

village near in Nevada City California

89

00:03:54,200 --> 00:03:51,060

welcome to the show Joseph thanks for

90

00:03:56,750 --> 00:03:54,210

having me yeah absolutely thank you I'm

91

00:03:58,460 --> 00:03:56,760

really excited because I love walking

92

00:04:02,330 --> 00:03:58,470

that line between science and

93

00:04:03,740 --> 00:04:02,340

spirituality signs in the paranormal you

94

00:04:10,330 --> 00:04:03,750

know would be another way to phrase that

95

00:04:15,410 --> 00:04:10,340

and I think most people being spiritual

96

00:04:19,250 --> 00:04:15,420

and believers in science have if nothing

97

00:04:23,600 --> 00:04:19,260

else you know a passing curiosity but a

98

00:04:26,540 --> 00:04:23,610

curiosity nonetheless about what science

99

00:04:29,570 --> 00:04:26,550

could reveal about their religion or

100

00:04:31,270 --> 00:04:29,580

their spirituality so my hope is that

101
00:04:34,370 --> 00:04:31,280
maybe you can enlighten us a little bit

102
00:04:37,970 --> 00:04:34,380
obviously you know myself and and the

103
00:04:41,279 --> 00:04:37,980
many listeners you know that are into

104
00:04:42,989 --> 00:04:41,289
this program and other programs like it

105
00:04:45,480 --> 00:04:42,999
you know wewe are scouring the Internet

106
00:04:46,350 --> 00:04:45,490
we're waiting for the next article to

107
00:04:49,889 --> 00:04:46,360
get our attention

108
00:04:54,389 --> 00:04:49,899
about quantum physics and I think one of

109
00:05:01,799 --> 00:04:54,399
the one of the minds that had really set

110
00:05:03,359 --> 00:05:01,809
the momentum forward was the field and

111
00:05:07,829 --> 00:05:03,369
I'm sure you've read the field by lynne

112
00:05:09,389 --> 00:05:07,839
mctaggart and also you know the movies

113
00:05:10,409 --> 00:05:09,399

are slipping my name now down the rabbit

114

00:05:12,299 --> 00:05:10,419

hole

115

00:05:15,449 --> 00:05:12,309

I'm sure you'll know the documentary I'm

116

00:05:19,859 --> 00:05:15,459

speaking of anyway the point is the

117

00:05:22,320 --> 00:05:19,869

point is we are seeking and so what do

118

00:05:23,579 --> 00:05:22,330

you have to share with us that can help

119

00:05:26,670 --> 00:05:23,589

us feel a little bit more satisfied

120

00:05:34,499 --> 00:05:26,680

about this sort of bringing together of

121

00:05:38,989 --> 00:05:34,509

science and spirituality was really to

122

00:05:42,689 --> 00:05:38,999

show that there is no line between

123

00:05:45,239 --> 00:05:42,699

science and spirituality there is and

124

00:05:47,610 --> 00:05:45,249

can only be one reality there aren't

125

00:05:51,230 --> 00:05:47,620

multiple realities there are realities

126

00:05:53,719 --> 00:05:51,240

for the skeptics and realities for the

127

00:05:58,619 --> 00:05:53,729

ultra-religious there's just one reality

128

00:06:02,459 --> 00:05:58,629

so I went forward with the conviction

129

00:06:05,249 --> 00:06:02,469

based on my own experience and lots of

130

00:06:09,209 --> 00:06:05,259

readings of those books that are making

131

00:06:15,079 --> 00:06:09,219

my bookshelves grown to really establish

132

00:06:17,129 --> 00:06:15,089

that not science already supports

133

00:06:19,799 --> 00:06:17,139

spirituality it already supports

134

00:06:23,839 --> 00:06:19,809

religion it already supports the

135

00:06:29,219 --> 00:06:23,849

paranormal why it doesn't appear as if

136

00:06:31,379 --> 00:06:29,229

that's the case is because within the

137

00:06:35,519 --> 00:06:31,389

world of science and remember science is

138

00:06:38,299 --> 00:06:35,529

just a method of making discoveries it's

139

00:06:42,029 --> 00:06:38,309

a very methodical it's a very brilliant

140

00:06:44,820 --> 00:06:42,039

process but it's just a process and out

141

00:06:49,559 --> 00:06:44,830

of that comes discoveries and then

142

00:06:52,100 --> 00:06:49,569

people like you and I to take those

143

00:06:53,879 --> 00:06:52,110

discoveries and they put them together

144

00:06:56,909 --> 00:06:53,889

into

145

00:06:59,219 --> 00:06:56,919

more complex sets of theories and they

146

00:07:01,409 --> 00:06:59,229

come up with an opinion about how the

147

00:07:05,249 --> 00:07:01,419

world works how the universe works how

148

00:07:09,600 --> 00:07:05,259

the cosmos works but it's really an

149

00:07:12,300 --> 00:07:09,610

opinion a collection of discoveries that

150

00:07:15,869 --> 00:07:12,310

they have latched on to so you think

151
00:07:18,990 --> 00:07:15,879
this is a problem of perception or well

152
00:07:25,350 --> 00:07:19,000
there's a very strong group of voices

153
00:07:28,230 --> 00:07:25,360
that are scientists who are believers in

154
00:07:32,570 --> 00:07:28,240
what's known as scientific materialism

155
00:07:35,670 --> 00:07:32,580
and it's a belief system they've taken

156
00:07:37,050 --> 00:07:35,680
the discoveries that they want to take

157
00:07:41,610 --> 00:07:37,060
from science and they put them all

158
00:07:44,010 --> 00:07:41,620
together and they say based on this all

159
00:07:47,330 --> 00:07:44,020
of the claims of religion and the

160
00:07:49,980 --> 00:07:47,340
paranormal can't be true

161
00:07:53,119 --> 00:07:49,990
because what we believe all those

162
00:07:56,189 --> 00:07:53,129
discoveries are telling us is that

163
00:08:00,839 --> 00:07:56,199

everything that is everything it ever

164

00:08:03,899 --> 00:08:00,849

will be is the result of interactions

165

00:08:07,019 --> 00:08:03,909

between matter and energy and absolutely

166

00:08:10,980 --> 00:08:07,029

nothing else but it's a belief system

167

00:08:14,249 --> 00:08:10,990

because they still based on that

168

00:08:16,529 --> 00:08:14,259

assumption have not shown us how life

169

00:08:18,749 --> 00:08:16,539

could have originated they haven't shown

170

00:08:21,300 --> 00:08:18,759

us how consciousness could have

171

00:08:24,890 --> 00:08:21,310

originated they haven't answered some of

172

00:08:28,920 --> 00:08:24,900

their own fundamental questions such as

173

00:08:31,860 --> 00:08:28,930

the observer paradox then it's a heart

174

00:08:34,319 --> 00:08:31,870

at the heart of quantum physics they

175

00:08:37,110 --> 00:08:34,329

sort of when pressed scientific

176

00:08:40,259 --> 00:08:37,120

materialists will say well we're getting

177

00:08:43,529 --> 00:08:40,269

closer to solving that we have some

178

00:08:47,910 --> 00:08:43,539

great ideas about how life could have

179

00:08:51,650 --> 00:08:47,920

originated perhaps when amino acids came

180

00:08:54,180 --> 00:08:51,660

in contact with a crystal and the

181

00:08:57,180 --> 00:08:54,190

inherent leftis organization of the

182

00:09:00,030 --> 00:08:57,190

crystal caused the amino acids to line

183

00:09:02,309 --> 00:09:00,040

up in its own crystal and that forms

184

00:09:04,830 --> 00:09:02,319

some of the building block molecules of

185

00:09:08,370 --> 00:09:04,840

life and then it went from there

186

00:09:11,960 --> 00:09:08,380

well it's it's a great theory but

187

00:09:15,720 --> 00:09:11,970

they've not found anything to support it

188

00:09:18,090 --> 00:09:15,730

so we have this very strong voice of

189

00:09:21,240 --> 00:09:18,100

scientific materialism not only among

190

00:09:25,320 --> 00:09:21,250

scientists but throughout the world that

191

00:09:28,860 --> 00:09:25,330

is at its best a collection of good

192

00:09:31,260 --> 00:09:28,870

solid facts but at its fringes at its

193

00:09:34,800 --> 00:09:31,270

margins is really a belief system that

194

00:09:36,680 --> 00:09:34,810

the unanswered questions will eventually

195

00:09:39,540 --> 00:09:36,690

be answered

196

00:09:42,780 --> 00:09:39,550

proving scientific materialism to be

197

00:09:45,600 --> 00:09:42,790

true but you know until they are it's

198

00:09:50,130 --> 00:09:45,610

just a belief it's just a theory

199

00:09:52,620 --> 00:09:50,140

well done right when again go ahead no

200

00:09:56,370 --> 00:09:52,630

they had good I was just gonna say right

201
00:09:59,820 --> 00:09:56,380
within science there are discoveries

202
00:10:02,370 --> 00:09:59,830
that have been made that confound

203
00:10:05,720 --> 00:10:02,380
scientific materialism I mentioned one

204
00:10:08,760 --> 00:10:05,730
the the intelligent observer paradox

205
00:10:12,690 --> 00:10:08,770
it's like this gaping hole in the middle

206
00:10:14,250 --> 00:10:12,700
of science unexplained gaping hole and

207
00:10:16,470 --> 00:10:14,260
little science it's like a paranormal

208
00:10:19,250 --> 00:10:16,480
hole in the middle of seconds exactly

209
00:10:22,920 --> 00:10:19,260
exactly and yeah it's been kind of

210
00:10:27,079 --> 00:10:22,930
papered over in a sense with quantum

211
00:10:33,810 --> 00:10:27,089
mechanics so quantum mechanics was the

212
00:10:40,100 --> 00:10:33,820
resulting solution within basically the

213
00:10:46,250 --> 00:10:40,110

emerging world of quantum physics to

214

00:10:48,449 --> 00:10:46,260

come to some specific outcomes given

215

00:10:52,710 --> 00:10:48,459

that what quantum physics had already

216

00:10:56,190 --> 00:10:52,720

discovered is that matter can behave as

217

00:11:01,430 --> 00:10:56,200

a wave or it can behave as a particle

218

00:11:06,660 --> 00:11:01,440

that you can only know half of two

219

00:11:09,680 --> 00:11:06,670

opposing aspects of any particular atom

220

00:11:12,150 --> 00:11:09,690

or molecule you can know its momentum

221

00:11:14,240 --> 00:11:12,160

you can know its position but you can't

222

00:11:16,829 --> 00:11:14,250

know both at the same time that's

223

00:11:17,900 --> 00:11:16,839

Heisenberg's well-known uncertainty

224

00:11:22,070 --> 00:11:17,910

principle

225

00:11:25,290 --> 00:11:22,080

all of these things combined with the

226

00:11:30,800 --> 00:11:25,300

observer paradox which is really the

227

00:11:33,840 --> 00:11:30,810

most weird of all the quantum weirdness

228

00:11:38,450 --> 00:11:33,850

kept them from using classical

229

00:11:42,050 --> 00:11:38,460

mathematics to predict the outcome of

230

00:11:45,180 --> 00:11:42,060

interactions between molecules and atoms

231

00:11:49,940 --> 00:11:45,190

so they came up with quantum mechanics

232

00:11:54,330 --> 00:11:49,950

which combines classical mathematics

233

00:11:57,470 --> 00:11:54,340

with probability theory and the

234

00:12:00,540 --> 00:11:57,480

mathematics of probability theory and

235

00:12:03,180 --> 00:12:00,550

between the two of them they're able to

236

00:12:05,580 --> 00:12:03,190

predict the highest likelihood of

237

00:12:06,990 --> 00:12:05,590

something happening because they

238

00:12:09,870 --> 00:12:07,000

couldn't know things with certainty and

239

00:12:13,530 --> 00:12:09,880

that highest likelihood is extremely

240

00:12:16,920 --> 00:12:13,540

exact oddly enough even though quantum

241

00:12:21,810 --> 00:12:16,930

mechanics is a blend of probability

242

00:12:24,540 --> 00:12:21,820

theory with classical mathematics it's

243

00:12:27,450 --> 00:12:24,550

very very exact so they they just got to

244

00:12:31,430 --> 00:12:27,460

leap over quantum weirdness they got to

245

00:12:34,620 --> 00:12:31,440

say we don't really need to know why

246

00:12:36,780 --> 00:12:34,630

there is the uncertainty principle we

247

00:12:40,050 --> 00:12:36,790

really don't need to know why the

248

00:12:41,520 --> 00:12:40,060

intelligent observer paradox is true we

249

00:12:43,920 --> 00:12:41,530

have this math that lets us just jump

250

00:12:45,450 --> 00:12:43,930

over it so it's kind of like just

251
00:12:49,320 --> 00:12:45,460
putting it on the back burner and saying

252
00:12:51,780 --> 00:12:49,330
well it's not so relevant but it is very

253
00:12:54,840 --> 00:12:51,790
fundamental so I would think that it is

254
00:13:00,000 --> 00:12:54,850
very relevant but you know to you know

255
00:13:03,390 --> 00:13:00,010
to see things from their side I think it

256
00:13:04,410 --> 00:13:03,400
is kind of a fair argument to say well

257
00:13:07,320 --> 00:13:04,420
you know what we don't know that much

258
00:13:11,070 --> 00:13:07,330
about the the human mind and where the

259
00:13:16,850 --> 00:13:11,080
mind itself originates or we don't

260
00:13:20,400 --> 00:13:16,860
really understand the moat the complete

261
00:13:23,150 --> 00:13:20,410
structure of the universe down to its

262
00:13:27,600 --> 00:13:23,160
you know the tiniest particles and

263
00:13:28,780 --> 00:13:27,610

physics laws of physics but we just need

264

00:13:31,840 --> 00:13:28,790

more time

265

00:13:34,310 --> 00:13:31,850

which is anymore that's their argument

266

00:13:35,810 --> 00:13:34,320

don't you think that that's it's fit

267

00:13:38,390 --> 00:13:35,820

yeah I mean I think it's a fair argument

268

00:13:41,150 --> 00:13:38,400

to some degree because like many other

269

00:13:43,790 --> 00:13:41,160

Sciences you know the you know science

270

00:13:46,400 --> 00:13:43,800

is sort of malleable because like you

271

00:13:47,630 --> 00:13:46,410

said like you can learn one aspect of it

272

00:13:48,800 --> 00:13:47,640

and you're right you have this

273

00:13:53,180 --> 00:13:48,810

collection of facts and those facts

274

00:13:54,860 --> 00:13:53,190

makes sense but in a broader sense you

275

00:13:58,040 --> 00:13:54,870

start to realize oh there are other

276

00:13:59,660 --> 00:13:58,050

factors that we can bring into this and

277

00:14:02,320 --> 00:13:59,670

now we're better at treating this

278

00:14:05,120 --> 00:14:02,330

disease or now we're better at you know

279

00:14:07,700 --> 00:14:05,130

creating you know metamaterials or

280

00:14:08,530 --> 00:14:07,710

whatever it is you don't I mean yeah

281

00:14:12,110 --> 00:14:08,540

exactly

282

00:14:13,610 --> 00:14:12,120

and what the scientific materialists I

283

00:14:16,250 --> 00:14:13,620

don't want to say science I want to be

284

00:14:18,560 --> 00:14:16,260

very careful people who have adopted

285

00:14:22,250 --> 00:14:18,570

scientific materialism is their point of

286

00:14:26,420 --> 00:14:22,260

view are pretty much forced to just kind

287

00:14:30,290 --> 00:14:26,430

of up to the margins any discoveries

288

00:14:33,020 --> 00:14:30,300

that don't fit scientific materialism

289

00:14:36,530 --> 00:14:33,030

and so they were the ones who came up

290

00:14:41,030 --> 00:14:36,540

with the term paranormal so that they

291

00:14:42,680 --> 00:14:41,040

could easily and and convincingly just

292

00:14:47,390 --> 00:14:42,690

kind of keep throwing things in that

293

00:14:48,230 --> 00:14:47,400

basket of paranormal with the kind of

294

00:14:52,270 --> 00:14:48,240

you know

295

00:14:54,500 --> 00:14:52,280

wink-wink nudge-nudge that anybody who

296

00:14:56,600 --> 00:14:54,510

addresses these kind of things or who

297

00:14:58,910 --> 00:14:56,610

interested in these kind of things must

298

00:15:05,650 --> 00:14:58,920

be a little off so they've they've

299

00:15:07,640 --> 00:15:05,660

managed to characterize a whole slate of

300

00:15:10,520 --> 00:15:07,650

non-conforming discoveries non

301
00:15:12,950 --> 00:15:10,530
conforming to scientific materialism by

302
00:15:14,300 --> 00:15:12,960
just shoving them to the side and kind

303
00:15:16,310 --> 00:15:14,310
of illegitimate um

304
00:15:19,850 --> 00:15:16,320
but they're not going away there's more

305
00:15:23,290 --> 00:15:19,860
and more and more evidence all the time

306
00:15:25,670 --> 00:15:23,300
for things like mental telepathy for

307
00:15:30,350 --> 00:15:25,680
telepaths

308
00:15:34,490 --> 00:15:30,360
for the ability of the mind to affect

309
00:15:39,470 --> 00:15:34,500
the body there's very solidly collected

310
00:15:42,949 --> 00:15:39,480
evidence that shows people who have for

311
00:15:46,359 --> 00:15:42,959
example this is one of my favorite

312
00:15:50,509 --> 00:15:46,369
it's evidence people who suffer from

313
00:15:54,230 --> 00:15:50,519

multiple personality disorder who have

314

00:15:56,059 --> 00:15:54,240

numerous personalities who you know come

315

00:16:00,230 --> 00:15:56,069

forward and then recede and another

316

00:16:02,389 --> 00:16:00,240

personality comes forward fascinating

317

00:16:05,720 --> 00:16:02,399

research has been done into the

318

00:16:08,419 --> 00:16:05,730

thousands of cases in clinical

319

00:16:10,609 --> 00:16:08,429

situations with scientific measuring

320

00:16:14,389 --> 00:16:10,619

measuring devices available to the

321

00:16:19,220 --> 00:16:14,399

researchers and they found not only do

322

00:16:23,769 --> 00:16:19,230

people have different personalities but

323

00:16:30,489 --> 00:16:23,779

each personality brings with it

324

00:16:34,249 --> 00:16:30,499

instantaneous physiological changes so

325

00:16:38,900 --> 00:16:34,259

one personality would be allergic to

326

00:16:42,769 --> 00:16:38,910

bees perhaps get stung another

327

00:16:48,049 --> 00:16:42,779

personality comes in and that reaction

328

00:16:53,090 --> 00:16:48,059

goes away immediately some some

329

00:16:57,619 --> 00:16:53,100

personalities have moles and scars that

330

00:17:00,889 --> 00:16:57,629

other personalities don't have okay some

331

00:17:04,399 --> 00:17:00,899

personalities there's one for woman it's

332

00:17:07,159 --> 00:17:04,409

not a it's not a enviable condition to

333

00:17:11,120 --> 00:17:07,169

be in multiple personalities usually the

334

00:17:17,029 --> 00:17:11,130

result of some extreme trauma but one

335

00:17:21,380 --> 00:17:17,039

poor woman had over ten personalities

336

00:17:24,529 --> 00:17:21,390

and she carried ten different pairs of

337

00:17:28,159 --> 00:17:24,539

glasses in her purse

338

00:17:30,740 --> 00:17:28,169

because each personality has a different

339

00:17:34,070 --> 00:17:30,750

need different prescription for them to

340

00:17:35,810 --> 00:17:34,080

be able to see and it's not affected if

341

00:17:37,610 --> 00:17:35,820

you measure them

342

00:17:41,419 --> 00:17:37,620

there was another personality that went

343

00:17:44,299 --> 00:17:41,429

through ten changes within an hour and

344

00:17:47,210 --> 00:17:44,309

an ophthalmologist measured each

345

00:17:51,070 --> 00:17:47,220

personality across things like visual

346

00:17:52,880 --> 00:17:51,080

acuity tension within the eyeball

347

00:17:57,380 --> 00:17:52,890

curvature of the eyeball

348

00:18:00,110 --> 00:17:57,390

all color of the iris and all 10

349

00:18:05,150 --> 00:18:00,120

personalities had distinctly different

350

00:18:08,030 --> 00:18:05,160

sets of readings when you said color of

351

00:18:11,300 --> 00:18:08,040

the color of the iris one of them has a

352

00:18:14,930 --> 00:18:11,310

different color iris from the Oh hat how

353

00:18:17,980 --> 00:18:14,940

does that happen well that is the \$64

354

00:18:22,160 --> 00:18:17,990

question it doesn't get answered by

355

00:18:27,140 --> 00:18:22,170

scientific materialism well maybe maybe

356

00:18:29,480 --> 00:18:27,150

it could if if well I see what you're

357

00:18:32,950 --> 00:18:29,490

saying but I'm wondering if you know our

358

00:18:36,380 --> 00:18:32,960

our minds are the impetus for our

359

00:18:38,750 --> 00:18:36,390

evolution you know I was just reading

360

00:18:41,660 --> 00:18:38,760

this this article and I'll just you know

361

00:18:43,370 --> 00:18:41,670

quote you really quick here from it when

362

00:18:45,350 --> 00:18:43,380

we talk about human evolution we usually

363

00:18:47,510 --> 00:18:45,360

talk about how we evolved into humans

364

00:18:49,190 --> 00:18:47,520

how we lost body here gained brain mass

365

00:18:50,720 --> 00:18:49,200

started to walk on two feet and short

366

00:18:52,760 --> 00:18:50,730

things that happen millions of years ago

367

00:18:55,790 --> 00:18:52,770

but evolution did not stop when the

368

00:18:57,290 --> 00:18:55,800

first humans emerged a new study of two

369

00:18:58,820 --> 00:18:57,300

massive genetic databases one in the

370

00:19:00,920 --> 00:18:58,830

United Kingdom and one in California

371

00:19:03,020 --> 00:19:00,930

suggests genetic mutations that

372

00:19:04,760 --> 00:19:03,030

shortened lifespans have been weeded out

373

00:19:07,070 --> 00:19:04,770

since and are possibly still in the

374

00:19:09,440 --> 00:19:07,080

process of being weeded out today and I

375

00:19:12,320 --> 00:19:09,450

and I wonder like you said there they're

376

00:19:17,180 --> 00:19:12,330

looking for the genetic coding for this

377

00:19:20,690 --> 00:19:17,190

but maybe maybe it is our minds that are

378

00:19:22,940 --> 00:19:20,700

you know hand hand in hand with our

379

00:19:24,800 --> 00:19:22,950

bodies as part of the evolution itself

380

00:19:28,730 --> 00:19:24,810

that our minds are pushing because if

381

00:19:31,970 --> 00:19:28,740

our if our minds can create a reaction

382

00:19:36,110 --> 00:19:31,980

or a non reaction to a bee sting or some

383

00:19:39,320 --> 00:19:36,120

sort of outside stimuli then our minds

384

00:19:43,220 --> 00:19:39,330

may also be able to force our bodies to

385

00:19:47,060 --> 00:19:43,230

adapt and I agree with you I think it's

386

00:19:52,030 --> 00:19:47,070

it's true but it begs the question how

387

00:19:57,160 --> 00:19:52,040

does our mind to do that so every

388

00:20:01,010 --> 00:19:57,170

biochemical model for how the body works

389

00:20:04,880 --> 00:20:01,020

require some time for those effects to

390

00:20:06,540 --> 00:20:04,890

cascade through the body there are ample

391

00:20:10,600 --> 00:20:06,550

there's ample evidence

392

00:20:14,070 --> 00:20:10,610

that the placebo effect starts with the

393

00:20:16,630 --> 00:20:14,080

mind but then through the mind releasing

394

00:20:20,320 --> 00:20:16,640

neuropeptides or affecting the endocrine

395

00:20:23,130 --> 00:20:20,330

system or another cascade of effects the

396

00:20:27,220 --> 00:20:23,140

body gradually changes to the

397

00:20:30,130 --> 00:20:27,230

expectation of the mind so you you can

398

00:20:34,870 --> 00:20:30,140

argue if you just look at the placebo

399

00:20:38,620 --> 00:20:34,880

effect that the mind is the trigger for

400

00:20:42,640 --> 00:20:38,630

biochemical effects but when it happens

401
00:20:47,050 --> 00:20:42,650
instantaneously as it does with the

402
00:20:50,290 --> 00:20:47,060
multiple personality sufferers and some

403
00:20:55,810 --> 00:20:50,300
of the effects indicate the presence of

404
00:20:59,890 --> 00:20:55,820
different DNA such as eye color there's

405
00:21:03,190 --> 00:20:59,900
really no explanation for the mind body

406
00:21:06,490 --> 00:21:03,200
response that is the you know currently

407
00:21:08,950 --> 00:21:06,500
understood that can explain that it's in

408
00:21:11,170 --> 00:21:08,960
science in scientific materialism I

409
00:21:16,450 --> 00:21:11,180
understand correct correct

410
00:21:18,580 --> 00:21:16,460
now I think that what this indicates is

411
00:21:23,370 --> 00:21:18,590
or where you were going is that our

412
00:21:26,530 --> 00:21:23,380
minds are tremendously powerful

413
00:21:28,900 --> 00:21:26,540

instruments and they were still coming

414

00:21:31,780 --> 00:21:28,910

to understand them and one of the things

415

00:21:34,660 --> 00:21:31,790

I should toss in here at this point one

416

00:21:39,760 --> 00:21:34,670

of the things that I do in my book is I

417

00:21:41,980 --> 00:21:39,770

give equal credibility to how the saints

418

00:21:46,260 --> 00:21:41,990

and sages the the mystics and the

419

00:21:50,730 --> 00:21:46,270

masters of the world describe their

420

00:21:55,900 --> 00:21:50,740

experiences to blend them with how

421

00:22:00,640 --> 00:21:55,910

scientific discoveries indicate how our

422

00:22:04,150 --> 00:22:00,650

reality is shaped and so I'm not I'm not

423

00:22:07,870 --> 00:22:04,160

able to tell you that science supports

424

00:22:11,290 --> 00:22:07,880

every last detail of the paranormal to

425

00:22:15,060 --> 00:22:11,300

the extent that science normally expects

426

00:22:18,670 --> 00:22:15,070

to do things but I can tell you that

427

00:22:22,300 --> 00:22:18,680

there is a deep congruence between the

428

00:22:25,330 --> 00:22:22,310

whay reality is described by those who

429

00:22:29,520 --> 00:22:25,340

have had transcendent experiences and

430

00:22:31,810 --> 00:22:29,530

the way reality is described by some

431

00:22:33,310 --> 00:22:31,820

scientists not all scientists because

432

00:22:36,490 --> 00:22:33,320

many scientists are scientific

433

00:22:39,310 --> 00:22:36,500

materialists but not all 51% of

434

00:22:41,230 --> 00:22:39,320

scientists are not scientific

435

00:22:43,360 --> 00:22:41,240

materialists they believe in God believe

436

00:22:44,350 --> 00:22:43,370

the higher power wait I'm sorry well the

437

00:22:47,860 --> 00:22:44,360

higher consciousness

438

00:22:49,660 --> 00:22:47,870

what percentage was that 51% that's

439

00:22:52,770 --> 00:22:49,670

pretty big - yeah that's pretty big

440

00:22:55,360 --> 00:22:52,780

that's according to a Pew study done in

441

00:22:58,030 --> 00:22:55,370

2009 but you know it's very interesting

442

00:23:00,550 --> 00:22:58,040

because the you know some of the more

443

00:23:04,480 --> 00:23:00,560

prominent outspoken scientists but but

444

00:23:07,810 --> 00:23:04,490

have you believed otherwise it's a vocal

445

00:23:14,640 --> 00:23:07,820

minority and it's also a vocal minority

446

00:23:19,660 --> 00:23:14,650

that controls most of the journals that

447

00:23:22,780 --> 00:23:19,670

our articles are submitted to and it's

448

00:23:27,550 --> 00:23:22,790

very very difficult to get any article

449

00:23:31,120 --> 00:23:27,560

any study published in one of the most

450

00:23:34,150 --> 00:23:31,130

prestigious journals that doesn't follow

451

00:23:36,430 --> 00:23:34,160

the exact script of scientific

452

00:23:42,250 --> 00:23:36,440

materialism but they really have a lock

453

00:23:45,330 --> 00:23:42,260

on that aspect of scientific materialism

454

00:23:52,950 --> 00:23:45,340

of what most people think is science

455

00:23:56,110 --> 00:23:52,960

where in fact they are a minority yeah I

456

00:23:57,760 --> 00:23:56,120

know I know that I've heard you know I

457

00:23:59,710 --> 00:23:57,770

won't drop any names here but you know

458

00:24:02,410 --> 00:23:59,720

it's some scientists that we see on TV

459

00:24:04,960 --> 00:24:02,420

often I've heard that they have referred

460

00:24:07,660 --> 00:24:04,970

to other scientists being religious but

461

00:24:12,000 --> 00:24:07,670

they do make it sound like you know the

462

00:24:14,260 --> 00:24:12,010

majority of scientists are or not and

463

00:24:17,320 --> 00:24:14,270

you know they haven't made that claim

464

00:24:23,170 --> 00:24:17,330

but you know in their wording they do

465

00:24:27,880 --> 00:24:23,180

and that that worries me because for

466

00:24:30,400 --> 00:24:27,890

those who are more religious in in their

467

00:24:31,789 --> 00:24:30,410

dogma than scientific you can can

468

00:24:39,409 --> 00:24:31,799

perceive that

469

00:24:41,000 --> 00:24:39,419

to their belief system and and I'm glad

470

00:24:44,120 --> 00:24:41,010

people should be if they're an atheist

471

00:24:46,639 --> 00:24:44,130

be loud and proud about it you know I

472

00:24:47,990 --> 00:24:46,649

always joke around but I you know I call

473

00:24:49,850 --> 00:24:48,000

myself a part-time atheist that's

474

00:24:53,899 --> 00:24:49,860

because I swing back back and forth in

475

00:24:56,720 --> 00:24:53,909

my mind you know but but if you really I

476

00:25:01,340 --> 00:24:56,730

feel like if you want to bridge that gap

477

00:25:02,570 --> 00:25:01,350

the way you communicate is paramount and

478

00:25:05,029 --> 00:25:02,580

I feel like sometimes I'm drunk and

479

00:25:07,279 --> 00:25:05,039

they're dropping the ball on that but I

480

00:25:11,450 --> 00:25:07,289

think many you know the scientists that

481

00:25:14,120 --> 00:25:11,460

you see Neil deGrasse Tyson is

482

00:25:16,940 --> 00:25:14,130

everywhere Tron is probably a good

483

00:25:20,990 --> 00:25:16,950

example he's very personable he's very

484

00:25:25,850 --> 00:25:21,000

knowledgeable clearly a scientist to his

485

00:25:29,899 --> 00:25:25,860

core but I don't think he would have

486

00:25:33,440 --> 00:25:29,909

made it to the prominence that he has if

487

00:25:38,570 --> 00:25:33,450

he didn't believe in scientific

488

00:25:40,880 --> 00:25:38,580

materialism and that again those

489

00:25:44,240 --> 00:25:40,890

scientists who don't believe in

490

00:25:45,110 --> 00:25:44,250

scientific materialism like Penrose is a

491

00:25:47,930 --> 00:25:45,120

good example

492

00:25:51,440 --> 00:25:47,940

he gets marginalized Scott he's

493

00:25:53,870 --> 00:25:51,450

brilliant scientist he's got very cogent

494

00:25:55,940 --> 00:25:53,880

arguments for the various things he's

495

00:25:58,789 --> 00:25:55,950

presented but he gets pushed to the

496

00:26:02,930 --> 00:25:58,799

margin because he doesn't hew the line

497

00:26:04,880 --> 00:26:02,940

so we go ahead what I think that

498

00:26:07,549 --> 00:26:04,890

actually comes from a place of fear

499

00:26:09,320 --> 00:26:07,559

because I think that they're afraid that

500

00:26:11,630 --> 00:26:09,330

if they allowed that voice to be

501
00:26:14,630 --> 00:26:11,640
stronger that we're going to be become a

502
00:26:17,180 --> 00:26:14,640
retro Society and you know start to

503
00:26:18,289 --> 00:26:17,190
throw science aside and I think part of

504
00:26:20,330 --> 00:26:18,299
that is because you know this whole

505
00:26:23,409 --> 00:26:20,340
debate of or not so much of a debate

506
00:26:25,279 --> 00:26:23,419
really but the debate of climate change

507
00:26:27,080 --> 00:26:25,289
and then there's the climate change

508
00:26:29,690 --> 00:26:27,090
deniers that the humans have anything to

509
00:26:31,490 --> 00:26:29,700
do with it you know so people have can

510
00:26:33,230 --> 00:26:31,500
take different sides of that story but I

511
00:26:33,620 --> 00:26:33,240
think scientists see that and they go my

512
00:26:35,720 --> 00:26:33,630
goodness

513
00:26:38,560 --> 00:26:35,730

you know this is really scary that

514

00:26:42,220 --> 00:26:38,570

people aren't you know don't trust that

515

00:26:45,440 --> 00:26:42,230

99% or 98% whatever it is of scientists

516

00:26:46,010 --> 00:26:45,450

you know may be right and so I think

517

00:26:48,590 --> 00:26:46,020

there are

518

00:26:53,600 --> 00:26:48,600

there's gonna be this sort of rollback

519

00:26:59,660 --> 00:26:53,610

of you know religious dogma

520

00:27:01,160 --> 00:26:59,670

you know superseding rationality which

521

00:27:02,990 --> 00:27:01,170

can be extremely dangerous to any

522

00:27:04,700 --> 00:27:03,000

society so I can understand if that's

523

00:27:07,400 --> 00:27:04,710

that's the fear that place that they're

524

00:27:13,130 --> 00:27:07,410

coming from right and they have a view

525

00:27:18,860 --> 00:27:13,140

of people who embrace religions or the

526
00:27:22,400 --> 00:27:18,870
paranormal as being not strong-minded

527
00:27:25,330 --> 00:27:22,410
enough to have really understood that

528
00:27:29,030 --> 00:27:25,340
what they're believing and why it's

529
00:27:31,310 --> 00:27:29,040
fundamentally in error but I've also

530
00:27:33,350 --> 00:27:31,320
found well I did everything you say it's

531
00:27:34,549 --> 00:27:33,360
true I mean I do think it's I think it's

532
00:27:37,790 --> 00:27:34,559
funnily fear-driven

533
00:27:41,750 --> 00:27:37,800
we saw that in particular about I'd

534
00:27:47,630 --> 00:27:41,760
guess about ten years ago when there was

535
00:27:49,760 --> 00:27:47,640
a a real push to question some of the

536
00:27:52,970 --> 00:27:49,770
theory of evolution and the mechanisms

537
00:27:59,030 --> 00:27:52,980
of evolution and there was a tremendous

538
00:28:02,810 --> 00:27:59,040

outpouring of you know strong thoughts

539

00:28:06,280 --> 00:28:02,820

to the point of anger that people didn't

540

00:28:09,080 --> 00:28:06,290

recognize evolution as absolutely true

541

00:28:11,120 --> 00:28:09,090

so I think you're right I mean they're

542

00:28:13,490 --> 00:28:11,130

they're defending they're defending

543

00:28:18,830 --> 00:28:13,500

their faith with the same kind of ardor

544

00:28:20,450 --> 00:28:18,840

that religion can get defended okay well

545

00:28:21,650 --> 00:28:20,460

you know let's just I'm sorry hold that

546

00:28:25,070 --> 00:28:21,660

thought right there we'll come back

547

00:28:27,770 --> 00:28:25,080

after this quick break I'm speaking with

548

00:28:30,380 --> 00:28:27,780

Joseph Selby author of the physics of

549

00:28:32,390 --> 00:28:30,390

God on the inception radio network this

550

00:28:35,020 --> 00:28:32,400

is Alan B Smith for paranormal now we

551
00:28:39,510 --> 00:28:35,030
will be right back

552
00:28:41,890 --> 00:28:39,520
[Music]

553
00:28:44,110 --> 00:28:41,900
come back to Maranoa now I'm your host

554
00:28:46,960 --> 00:28:44,120
Alan be smooth on the inception radio

555
00:28:50,560 --> 00:28:46,970
network and tonight suggested Joseph

556
00:28:52,930 --> 00:28:50,570
Selby the author of physics of God

557
00:28:55,870 --> 00:28:52,940
taking us out the break was maiya Copa

558
00:28:58,240 --> 00:28:55,880
by enigma I just can't get enough enigma

559
00:29:00,790 --> 00:28:58,250
the decades go by and I still listen to

560
00:29:05,710 --> 00:29:00,800
me but there's a pretty fan of in

561
00:29:07,420 --> 00:29:05,720
England I can't say what you are gonna

562
00:29:11,260 --> 00:29:07,430
going to tell a story or make a point

563
00:29:16,900 --> 00:29:11,270

before we went to break oh I think I was

564

00:29:21,210 --> 00:29:16,910

just trying to say that while reputable

565

00:29:29,110 --> 00:29:21,220

scientists are understandably concerned

566

00:29:31,300 --> 00:29:29,120

about attacks on science they their fear

567

00:29:34,600 --> 00:29:31,310

is based as you say that that science

568

00:29:37,060 --> 00:29:34,610

will be thrown out somehow if any if any

569

00:29:39,520 --> 00:29:37,070

part of their structure of scientific

570

00:29:42,700 --> 00:29:39,530

discovery that that into their minds

571

00:29:44,740 --> 00:29:42,710

proves scientific materialism but if any

572

00:29:47,260 --> 00:29:44,750

part of it falls then the whole thing

573

00:29:50,140 --> 00:29:47,270

will come to bits and everyone will have

574

00:29:52,900 --> 00:29:50,150

their own opinion about what's true etc

575

00:29:58,510 --> 00:29:52,910

and when they talk about religion they

576

00:30:00,520 --> 00:29:58,520

tend to see religion as this archaic set

577

00:30:02,290 --> 00:30:00,530

of superstitions that never had any

578

00:30:07,740 --> 00:30:02,300

underlying truth to it all along and

579

00:30:11,740 --> 00:30:07,750

that it was the source of

580

00:30:16,570 --> 00:30:11,750

miscommunication of strife that led to

581

00:30:18,400 --> 00:30:16,580

Wars and horrors so they as you said

582

00:30:21,550 --> 00:30:18,410

that you know they see if they don't

583

00:30:25,540 --> 00:30:21,560

stand strong that mankind is gonna slip

584

00:30:28,090 --> 00:30:25,550

back into this Middle Ages kind of

585

00:30:31,780 --> 00:30:28,100

mentality they see they see it as a

586

00:30:33,880 --> 00:30:31,790

noble cause sort of course I think I

587

00:30:37,360 --> 00:30:33,890

think they're all very noble I of great

588

00:30:39,490 --> 00:30:37,370

respect for scientists of all stripes I

589

00:30:43,000 --> 00:30:39,500

think that they have very disciplined

590

00:30:46,390 --> 00:30:43,010

minds they're very clever they just

591

00:30:48,700 --> 00:30:46,400

tease out little bits of discovery by

592

00:30:52,330 --> 00:30:48,710

just thinking okay if I

593

00:30:55,270 --> 00:30:52,340

can test this tiny thing that I can make

594

00:30:57,250 --> 00:30:55,280

I can move us forward an inch and they

595

00:30:59,800 --> 00:30:57,260

take months to figure out how to test

596

00:31:02,020 --> 00:30:59,810

that one tiny thing and they come up

597

00:31:04,350 --> 00:31:02,030

with whole new devices and ways of doing

598

00:31:12,700 --> 00:31:04,360

things I just I think it's fascinating

599

00:31:15,430 --> 00:31:12,710

but a lot of their concerns about you

600

00:31:19,330 --> 00:31:15,440

know the crazies on the paranormal left

601
00:31:24,430 --> 00:31:19,340
taking over science or slipping back

602
00:31:28,150 --> 00:31:24,440
into a mindless religion I think are not

603
00:31:31,600 --> 00:31:28,160
real and I think that a lot of what I

604
00:31:35,860 --> 00:31:31,610
noticed with particularly the debunkers

605
00:31:40,180 --> 00:31:35,870
like Dawkins and stinger who who believe

606
00:31:43,120 --> 00:31:40,190
the best defense is a good offense who

607
00:31:47,680 --> 00:31:43,130
attack really didn't they attack it

608
00:31:49,660 --> 00:31:47,690
really amateurishly and basically

609
00:31:52,720 --> 00:31:49,670
because they don't understand religion

610
00:31:55,990 --> 00:31:52,730
they don't they pick the the surface

611
00:32:00,510 --> 00:31:56,000
they picked the rituals they pick the

612
00:32:04,380 --> 00:32:00,520
teaching stories like Noah's Ark and

613
00:32:07,630 --> 00:32:04,390

they say well obviously Noah's Ark is

614

00:32:12,310 --> 00:32:07,640

impossible because you could never get

615

00:32:15,970 --> 00:32:12,320

two of every species onto a single ship

616

00:32:18,040 --> 00:32:15,980

or what about bacteria that don't have

617

00:32:21,090 --> 00:32:18,050

male and female how do you get them you

618

00:32:25,510 --> 00:32:21,100

know they they apply a very rational

619

00:32:27,160 --> 00:32:25,520

argument for many of the teaching

620

00:32:29,890 --> 00:32:27,170

stories of religion and they say

621

00:32:33,430 --> 00:32:29,900

therefore there can't be anything to

622

00:32:37,020 --> 00:32:33,440

this and what they miss because they

623

00:32:41,220 --> 00:32:37,030

don't study it I mean I've studied

624

00:32:45,520 --> 00:32:41,230

science far more than most of these

625

00:32:47,080 --> 00:32:45,530

debunkers have ever studied religion but

626

00:32:50,440 --> 00:32:47,090

because they don't study it they put

627

00:32:53,530 --> 00:32:50,450

together these straw man arguments so I

628

00:32:57,160 --> 00:32:53,540

heard Neil deGrasse Tyson whom I enjoyed

629

00:32:59,860 --> 00:32:57,170

by the way and and I watch a lot of the

630

00:33:01,299 --> 00:32:59,870

programs that he produces but he was

631

00:33:04,600 --> 00:33:01,309

asked in a

632

00:33:08,980 --> 00:33:04,610

Q&A session on a program whether he

633

00:33:12,850 --> 00:33:08,990

believed in God and he said well I've

634

00:33:16,960 --> 00:33:12,860

given it a lot of thought and I believe

635

00:33:20,680 --> 00:33:16,970

that if God existed and that God had

636

00:33:25,629 --> 00:33:20,690

created all of the cosmos

637

00:33:27,940 --> 00:33:25,639

that there would be no strife there

638

00:33:31,019 --> 00:33:27,950

would be no suffering there would be no

639

00:33:34,139 --> 00:33:31,029

inequality there would be no disease and

640

00:33:39,279 --> 00:33:34,149

because all of those things exist

641

00:33:44,230 --> 00:33:39,289

obviously God doesn't exist so it's it

642

00:33:46,480 --> 00:33:44,240

sounds really good but if you have much

643

00:33:48,820 --> 00:33:46,490

of a grasp of religion you will just you

644

00:33:53,169 --> 00:33:48,830

will see that there's not a single

645

00:33:57,730 --> 00:33:53,179

religion that claims what he's saying is

646

00:34:00,369 --> 00:33:57,740

true that there there's no religion that

647

00:34:04,989 --> 00:34:00,379

says God intended to make the world

648

00:34:06,149 --> 00:34:04,999

perfect that there are reasons why the

649

00:34:10,210 --> 00:34:06,159

world we live in

650

00:34:13,349 --> 00:34:10,220

even as created by God have all these

651
00:34:18,760 --> 00:34:13,359
elements of strife and disease and

652
00:34:21,339 --> 00:34:18,770
inequality but because he said it so you

653
00:34:23,710 --> 00:34:21,349
know with such a certainty it actually

654
00:34:25,809 --> 00:34:23,720
made me laugh because I thought okay

655
00:34:29,800 --> 00:34:25,819
here's a man who doesn't believe in God

656
00:34:38,139 --> 00:34:29,810
but he's really sure what God would do

657
00:34:43,359 --> 00:34:38,149
if God existed right easy to topple over

658
00:34:44,919 --> 00:34:43,369
easy to win straw me an argument well I

659
00:34:47,579 --> 00:34:44,929
mean religions have been saying that for

660
00:34:52,710 --> 00:34:47,589
the longest time you know that that um

661
00:34:58,089 --> 00:34:52,720
we don't we can't understand the

662
00:35:01,120 --> 00:34:58,099
omnipresent mind of God which you know

663
00:35:04,140 --> 00:35:01,130

to some extent could sound just just

664

00:35:10,190 --> 00:35:04,150

like an excuse for we don't understand

665

00:35:19,990 --> 00:35:15,140

for and where I really go with the book

666

00:35:24,380 --> 00:35:20,000

is that I don't rely on the testimony of

667

00:35:26,120 --> 00:35:24,390

the theologians who make or tend to be

668

00:35:32,480 --> 00:35:26,130

the ones who come up with these phrases

669

00:35:34,599 --> 00:35:32,490

like mysterious are the ways of God I go

670

00:35:38,990 --> 00:35:34,609

to the people who have actually had

671

00:35:41,690 --> 00:35:39,000

direct transcendent experience which I

672

00:35:47,799 --> 00:35:41,700

refer to as the saints and sages these

673

00:35:51,730 --> 00:35:47,809

are the the the masters who have had an

674

00:35:58,549 --> 00:35:51,740

experience that is so profound and so

675

00:36:01,280 --> 00:35:58,559

deep of a reality that underpins the the

676

00:36:04,370 --> 00:36:01,290

the subtle reality that underpins all of

677

00:36:09,010 --> 00:36:04,380

what we see through our senses and if

678

00:36:12,829 --> 00:36:09,020

you study enough of them if you read the

679

00:36:16,099 --> 00:36:12,839

life stories and read the teachings of

680

00:36:18,770 --> 00:36:16,109

these saints and sages from as far back

681

00:36:23,539 --> 00:36:18,780

as you want to go you'll find that there

682

00:36:31,030 --> 00:36:23,549

is very soon a compelling consistency to

683

00:36:34,059 --> 00:36:31,040

how they describe God and it's not the

684

00:36:36,950 --> 00:36:34,069

theological dogma of any one religion

685

00:36:41,059 --> 00:36:36,960

you can you can begin to appreciate how

686

00:36:45,170 --> 00:36:41,069

the the dogmas of many religions formed

687

00:36:48,319 --> 00:36:45,180

out of sort of a ignorant interpretation

688

00:36:54,160 --> 00:36:48,329

of what the original saints and sages

689

00:36:58,400 --> 00:36:54,170

said but what they actually say is that

690

00:37:02,359 --> 00:36:58,410

there is an infinite consciousness that

691

00:37:05,750 --> 00:37:02,369

is intelligent that is knowing and that

692

00:37:08,750 --> 00:37:05,760

we as individuals are part of that

693

00:37:15,349 --> 00:37:08,760

infinite consciousness but we don't yet

694

00:37:20,390 --> 00:37:15,359

know it and that we have all the powers

695

00:37:22,660 --> 00:37:20,400

of the divine within each one of us but

696

00:37:26,290 --> 00:37:22,670

we don't know how to use them

697

00:37:29,200 --> 00:37:26,300

we see them being used in situations

698

00:37:32,500 --> 00:37:29,210

like I described with the multiple

699

00:37:37,030 --> 00:37:32,510

personality sufferers where they use

700

00:37:38,890 --> 00:37:37,040

their god-given but unseen powers to

701
00:37:40,680 --> 00:37:38,900
transform their bodies instantaneously

702
00:37:44,650 --> 00:37:40,690
they just don't know they're doing it

703
00:37:46,960 --> 00:37:44,660
we're using those powers all the time

704
00:37:50,320 --> 00:37:46,970
this is what the saints and sages tell

705
00:37:54,370 --> 00:37:50,330
us they just saying you are that the

706
00:37:59,620 --> 00:37:54,380
kingdom of heaven is within you are that

707
00:38:03,850 --> 00:37:59,630
is what the Hindus say that it's there

708
00:38:05,920 --> 00:38:03,860
and it's constantly functioning we're

709
00:38:10,090 --> 00:38:05,930
just not aware of it we're constantly

710
00:38:12,880 --> 00:38:10,100
creating the bodies we have we're

711
00:38:16,540 --> 00:38:12,890
continuously creating the reality around

712
00:38:18,400 --> 00:38:16,550
us with this infinite intelligent

713
00:38:22,240 --> 00:38:18,410

consciousness of which we are a part

714

00:38:26,140 --> 00:38:22,250

we're just unaware of it we tend to only

715

00:38:29,770 --> 00:38:26,150

be aware of this outer manifestation of

716

00:38:33,360 --> 00:38:29,780

a chain of manifestations that is our

717

00:38:39,250 --> 00:38:33,370

physical body if you stick with that

718

00:38:42,220 --> 00:38:39,260

testimony if you don't try to reconcile

719

00:38:45,220 --> 00:38:42,230

all the different dogmas of all the

720

00:38:48,280 --> 00:38:45,230

different religions around the world but

721

00:38:50,830 --> 00:38:48,290

if you just knit together the testimony

722

00:38:53,860 --> 00:38:50,840

of the saints and sages those mystics

723

00:38:59,320 --> 00:38:53,870

and masters who realize these things for

724

00:39:01,360 --> 00:38:59,330

themselves what they describe is easily

725

00:39:04,510 --> 00:39:01,370

supported by science

726

00:39:08,320 --> 00:39:04,520

there's no stretch they describe a

727

00:39:10,270 --> 00:39:08,330

cosmos much like string theory describes

728

00:39:14,350 --> 00:39:10,280

it or aspects of quantum physics

729

00:39:17,590 --> 00:39:14,360

describes it or quantum physicists like

730

00:39:22,090 --> 00:39:17,600

David Bohm described it and if they read

731

00:39:26,290 --> 00:39:22,100

the quotations of the really high-minded

732

00:39:30,700 --> 00:39:26,300

scientists like Einstein like Heisenberg

733

00:39:35,109 --> 00:39:30,710

like Bohr like bomb like hundreds of

734

00:39:38,480 --> 00:39:35,119

others the way they

735

00:39:41,559 --> 00:39:38,490

describe reality through the lens of

736

00:39:46,750 --> 00:39:41,569

what they have learned is it's very

737

00:39:50,420 --> 00:39:46,760

subtle Heisenberg came up with the term

738

00:39:54,710 --> 00:39:50,430

potential with a capital P to describe

739

00:39:59,660 --> 00:39:54,720

this underlying realm of reality out of

740

00:40:03,940 --> 00:39:59,670

which reality comes into existence when

741

00:40:09,020 --> 00:40:06,079

particularly the quantum physicists

742

00:40:10,849 --> 00:40:09,030

become they become de facto mystics when

743

00:40:14,240 --> 00:40:10,859

they talk about what's really happening

744

00:40:18,799 --> 00:40:14,250

right say now I mean I would lean more

745

00:40:21,950 --> 00:40:18,809

towards these descriptions you know but

746

00:40:24,410 --> 00:40:21,960

you know I was raised Catholic and you

747

00:40:29,480 --> 00:40:24,420

know it was made to sound and and you

748

00:40:31,490 --> 00:40:29,490

know Catholic saints and mystics of you

749

00:40:33,049 --> 00:40:31,500

know days gone by you know spoke a

750

00:40:34,510 --> 00:40:33,059

little bit differently than God but you

751

00:40:40,609 --> 00:40:34,520

know the way we were raised was sort of

752

00:40:43,190 --> 00:40:40,619

God was of a singular mind that made

753

00:40:46,849 --> 00:40:43,200

choices and decisions that affected our

754

00:40:48,740 --> 00:40:46,859

lives directly you know but but I and

755

00:40:54,289 --> 00:40:48,750

that that was always difficult for me to

756

00:40:57,020 --> 00:40:54,299

reconcile because you know a parent many

757

00:40:59,839 --> 00:40:57,030

parents do know how to raise a child

758

00:41:03,890 --> 00:40:59,849

without having to beat them and raise

759

00:41:07,730 --> 00:41:03,900

them to be good people so you know this

760

00:41:09,799 --> 00:41:07,740

pain have to be part of the growing

761

00:41:12,740 --> 00:41:09,809

process to be a better person I mean if

762

00:41:15,440 --> 00:41:12,750

you if you just created something by

763

00:41:19,130 --> 00:41:15,450

choice would you have created something

764

00:41:22,940 --> 00:41:19,140

where you knew people would have to feel

765

00:41:25,910 --> 00:41:22,950

pain and suffer you know I think that's

766

00:41:29,210 --> 00:41:25,920

that's what makes it a challenge but if

767

00:41:31,099 --> 00:41:29,220

we lean more towards your if not if

768

00:41:34,780 --> 00:41:31,109

perhaps not yours but what you just

769

00:41:38,980 --> 00:41:34,790

described as being a intelligent sort of

770

00:41:42,520 --> 00:41:38,990

you know omnipresent mind that is just

771

00:41:45,559 --> 00:41:42,530

the substrate or a part of the universe

772

00:41:48,080 --> 00:41:45,569

then that I can I can accept more and

773

00:41:49,510 --> 00:41:48,090

that that is what I tend to lean too

774

00:41:51,740 --> 00:41:49,520

it's more in my own personal beliefs

775

00:41:56,090 --> 00:41:51,750

because then because then it says to me

776

00:41:59,000 --> 00:41:56,100

that that mind is is is also evolving

777

00:42:03,050 --> 00:41:59,010

with us in a sense so if that makes

778

00:42:06,440 --> 00:42:03,060

sense to you mmm no a lot of what you're

779

00:42:09,500 --> 00:42:06,450

saying is I think the fundamentals of

780

00:42:11,960 --> 00:42:09,510

what you could call you know the

781

00:42:17,930 --> 00:42:11,970

perennial philosophy the universal

782

00:42:20,540 --> 00:42:17,940

religion the eternal religion that you

783

00:42:22,790 --> 00:42:20,550

begin to pick up on when you you know

784

00:42:29,750 --> 00:42:22,800

read extensively the lives of people

785

00:42:32,750 --> 00:42:29,760

from Teresa of Avila to the Indian

786

00:42:35,960 --> 00:42:32,760

mystics that you begin to CEO they're

787

00:42:37,280 --> 00:42:35,970

using a different language in a

788

00:42:43,450 --> 00:42:37,290

different time that has a different

789

00:42:46,660 --> 00:42:43,460

culture but their experience is the same

790

00:42:50,030 --> 00:42:46,670

and what they say an answer to that

791

00:42:53,000 --> 00:42:50,040

fundamental question you just asked of

792

00:42:56,870 --> 00:42:53,010

you know why did God create the universe

793

00:43:01,490 --> 00:42:56,880

as he did if there's going to be pain

794

00:43:07,520 --> 00:43:01,500

and suffering in it is that each one of

795

00:43:11,720 --> 00:43:07,530

us is self willed and that each one of

796

00:43:17,240 --> 00:43:11,730

us can make decisions and experience

797

00:43:19,550 --> 00:43:17,250

consequences now most religions don't

798

00:43:20,780 --> 00:43:19,560

believe in reincarnation or some

799

00:43:23,630 --> 00:43:20,790

religions don't believe in reincarnation

800

00:43:26,480 --> 00:43:23,640

I should say actually they're more there

801
00:43:27,770 --> 00:43:26,490
are more religions more people and more

802
00:43:30,320 --> 00:43:27,780
religions that believe in reincarnation

803
00:43:33,530 --> 00:43:30,330
and not but still even the ones that

804
00:43:37,310 --> 00:43:33,540
don't you can find hints of them

805
00:43:46,390 --> 00:43:37,320
referring to this law jesus said when

806
00:43:53,000 --> 00:43:49,730
someone and a disciple was going to pick

807
00:43:57,080 --> 00:43:53,010
up the sword and rise up through was it

808
00:43:58,580 --> 00:43:57,090
Peter I forget who it was but he but he

809
00:44:01,220 --> 00:43:58,590
basically said those who live by the

810
00:44:02,259 --> 00:44:01,230
sword die by the sword so how can that

811
00:44:05,450 --> 00:44:02,269
be

812
00:44:08,359 --> 00:44:05,460
yeah if you don't have more than one

813
00:44:14,390 --> 00:44:08,369

lifetime for that to come true there's

814

00:44:17,329 --> 00:44:14,400

lots of hints that the incarnation after

815

00:44:20,660 --> 00:44:17,339

incarnation that we have were in school

816

00:44:26,079 --> 00:44:20,670

we're learning and so the pain and

817

00:44:31,609 --> 00:44:26,089

suffering is of our own making and that

818

00:44:35,269 --> 00:44:31,619

coming back to higher awareness is not a

819

00:44:39,380 --> 00:44:35,279

process of undoing all our suffering

820

00:44:43,730 --> 00:44:39,390

it's a process of stopping doing those

821

00:44:46,220 --> 00:44:43,740

things that make us suffer and to live

822

00:44:50,359 --> 00:44:46,230

more in harmony with that higher

823

00:44:52,400 --> 00:44:50,369

consciousness that is God and in so

824

00:44:54,489 --> 00:44:52,410

doing we expand we become self-realized

825

00:44:59,859 --> 00:44:54,499

all the things that we think of as

826

00:45:03,349 --> 00:44:59,869

miracles or paranormal powers become

827

00:45:06,589 --> 00:45:03,359

normal for us because we've rediscovered

828

00:45:08,989 --> 00:45:06,599

we've made our way back we've learned

829

00:45:11,749 --> 00:45:08,999

all the lessons we need to learn to come

830

00:45:13,789 --> 00:45:11,759

back to that knowing well you know I

831

00:45:15,829 --> 00:45:13,799

think that there's the we're always

832

00:45:19,640 --> 00:45:15,839

making analogies and metaphors and

833

00:45:22,400 --> 00:45:19,650

reference to computers in our brain and

834

00:45:23,390 --> 00:45:22,410

now you have quantum computers and you

835

00:45:26,180 --> 00:45:23,400

know you can start making analogies

836

00:45:29,210 --> 00:45:26,190

between quantum physics and how that

837

00:45:32,509 --> 00:45:29,220

functions like a computer like very

838

00:45:36,259 --> 00:45:32,519

complex quantum computer the nature of

839

00:45:39,920 --> 00:45:36,269

our reality you know so you know we have

840

00:45:45,710 --> 00:45:39,930

all these ways of thinking of how things

841

00:45:48,140 --> 00:45:45,720

function A+ this equals that and you

842

00:45:51,140 --> 00:45:48,150

know so it's it no matter how you go

843

00:45:55,309 --> 00:45:51,150

about it I think the only way from from

844

00:45:59,180 --> 00:45:55,319

my mind to accept that some sort of

845

00:46:04,120 --> 00:45:59,190

being created things as it were with all

846

00:46:07,940 --> 00:46:04,130

the suffering admit that my human mind

847

00:46:11,900 --> 00:46:07,950

simply has not the imagination nor the

848

00:46:14,930 --> 00:46:11,910

ability to comprehend what the purpose

849

00:46:15,500 --> 00:46:14,940

or intention of that is and again I feel

850

00:46:18,110 --> 00:46:15,510

like yes

851

00:46:19,340 --> 00:46:18,120

on the one hand it's a cop-out but on

852

00:46:21,920 --> 00:46:19,350

the other hand it's the only other

853

00:46:24,400 --> 00:46:21,930

explanation I can I can think of so when

854

00:46:28,130 --> 00:46:24,410

someone like Neil deGrasse Tyson says

855

00:46:30,740 --> 00:46:28,140

this is these are my reasons why it's

856

00:46:33,410 --> 00:46:30,750

like well but your your postulating a

857

00:46:38,090 --> 00:46:33,420

being that is supposed to be you know

858

00:46:39,980 --> 00:46:38,100

this super intelligent that that you

859

00:46:41,900 --> 00:46:39,990

can't comprehend so if you can't

860

00:46:45,650 --> 00:46:41,910

comprehend it then how can you postulate

861

00:46:48,590 --> 00:46:45,660

on it so again I feel like it's a it's

862

00:46:52,490 --> 00:46:48,600

something of a dead end and it like you

863

00:46:55,910 --> 00:46:52,500

had like you had mentioned before you

864

00:46:57,650 --> 00:46:55,920

know living in accepting the mystery of

865

00:47:00,470 --> 00:46:57,660

the mind of God or or something along

866

00:47:03,620 --> 00:47:00,480

those lines why I don't believe in a God

867

00:47:08,210 --> 00:47:03,630

in that sense I do believe that

868

00:47:12,140 --> 00:47:08,220

embracing the mystery is part of the joy

869

00:47:16,040 --> 00:47:12,150

of living and I would agree I think the

870

00:47:19,130 --> 00:47:16,050

other distinction I would make that I

871

00:47:23,980 --> 00:47:19,140

think supports what you're saying is

872

00:47:28,930 --> 00:47:23,990

that it's not with our rational mind

873

00:47:34,280 --> 00:47:28,940

that we can really convince ourselves of

874

00:47:38,150 --> 00:47:34,290

the existence or purpose of God it's

875

00:47:39,830 --> 00:47:38,160

through experience and maybe that's what

876

00:47:44,300 --> 00:47:39,840

you're alluding to with the with the

877

00:47:49,130 --> 00:47:44,310

mystery of God but I've meditated for

878

00:47:53,450 --> 00:47:49,140

over 40 years now and I have absolutely

879

00:47:57,530 --> 00:47:53,460

no doubt of the existence of God not

880

00:48:00,050 --> 00:47:57,540

because it has made me super smart or

881

00:48:03,500 --> 00:48:00,060

because I now have all these great

882

00:48:07,070 --> 00:48:03,510

arguments that I've collected or even

883

00:48:09,820 --> 00:48:07,080

because I was convinced by all these

884

00:48:12,740 --> 00:48:09,830

books I've read by saints and sages I

885

00:48:18,460 --> 00:48:12,750

have no doubt that God exists because in

886

00:48:22,490 --> 00:48:18,470

meditation I can feel things that have

887

00:48:25,850 --> 00:48:22,500

expanded me have filled me with joy with

888

00:48:28,009 --> 00:48:25,860

love with bliss with peace had inspired

889

00:48:36,920 --> 00:48:28,019

me

890

00:48:40,849 --> 00:48:36,930

own understanding that is incomparable

891

00:48:43,849 --> 00:48:40,859

to anything that I've ever achieved just

892

00:48:45,650 --> 00:48:43,859

by reasoning my way forward and this is

893

00:48:49,759 --> 00:48:45,660

what's true of all those saints and

894

00:48:52,880 --> 00:48:49,769

sages is that they don't they don't have

895

00:48:56,960 --> 00:48:52,890

when you when you read them they're not

896

00:49:00,769 --> 00:48:56,970

describing in rational theological

897

00:49:04,549 --> 00:49:00,779

detail they're describing from the heart

898

00:49:10,190 --> 00:49:04,559

what their experience was and how they

899

00:49:12,410 --> 00:49:10,200

understood what God was trying to teach

900

00:49:14,720 --> 00:49:12,420

them or what the infinite intelligence

901
00:49:17,120 --> 00:49:14,730
or the infinite consciousness a lot of

902
00:49:21,789 --> 00:49:17,130
people get hung up with the word God but

903
00:49:28,579 --> 00:49:25,849
consciousness that is everywhere that

904
00:49:33,999 --> 00:49:28,589
inner cranek interpenetrates all of

905
00:49:37,519 --> 00:49:34,009
reality and is the causative force of

906
00:49:42,609 --> 00:49:37,529
all of creation call it whatever you

907
00:49:48,039 --> 00:49:42,619
like but these mystics and masters and

908
00:49:52,519 --> 00:49:48,049
near-death experiencers who go into

909
00:49:55,059 --> 00:49:52,529
heavenly experiences the main thing they

910
00:50:00,109 --> 00:49:55,069
describe is that it's just utterly

911
00:50:05,779 --> 00:50:00,119
wonderful I was moved to tears I read a

912
00:50:08,240 --> 00:50:05,789
digest of story after story taken from

913
00:50:14,120 --> 00:50:08,250

books and articles written by near-death

914

00:50:16,400 --> 00:50:14,130

experiencers and they all just will say

915

00:50:19,999 --> 00:50:16,410

things like it's impossible to describe

916

00:50:24,130 --> 00:50:20,009

with words I was so moved it

917

00:50:29,269 --> 00:50:24,140

I can't convey it I felt like I was

918

00:50:31,599 --> 00:50:29,279

expanding into an infinite reach that

919

00:50:34,700 --> 00:50:31,609

was way beyond anything I had ever

920

00:50:37,880 --> 00:50:34,710

experienced I was utterly taken up in

921

00:50:40,140 --> 00:50:37,890

love I felt like every atom was composed

922

00:50:43,260 --> 00:50:40,150

of joy I mean they just go

923

00:50:48,780 --> 00:50:43,270

on and on and the that's the real

924

00:50:51,930 --> 00:50:48,790

experience of God is that is that joy is

925

00:50:56,010 --> 00:50:51,940

that love is that bliss well you know

926

00:50:59,460 --> 00:50:56,020

it's an interesting thing because I've

927

00:51:05,430 --> 00:50:59,470

come you know to at this point in my

928

00:51:09,990 --> 00:51:05,440

life I've come to find that I am most at

929

00:51:17,430 --> 00:51:10,000

peace when I am feeling most grateful

930

00:51:21,600 --> 00:51:17,440

and from an evolutionary standpoint it

931

00:51:22,700 --> 00:51:21,610

seems an odd way for the brain to be

932

00:51:28,200 --> 00:51:22,710

satisfied

933

00:51:31,320 --> 00:51:28,210

it seems that why would you what reason

934

00:51:34,500 --> 00:51:31,330

does the mind have to evolve or the body

935

00:51:36,810 --> 00:51:34,510

and brain evolved to the point where you

936

00:51:40,880 --> 00:51:36,820

have to feel grateful that that's a

937

00:51:45,360 --> 00:51:40,890

quintessential part of being happy

938

00:51:49,860 --> 00:51:45,370

because you know if we are just a super

939

00:51:54,000 --> 00:51:49,870

smart biological species then we should

940

00:51:56,280 --> 00:51:54,010

be happy when we have you know the all

941

00:51:59,300 --> 00:51:56,290

the essentials right but this but we

942

00:52:01,650 --> 00:51:59,310

don't need the sense of gratitude itself

943

00:52:03,420 --> 00:52:01,660

you know you just why could why don't we

944

00:52:05,760 --> 00:52:03,430

just get up in the morning do our thing

945

00:52:07,800 --> 00:52:05,770

do what we have to do and go to bed

946

00:52:09,390 --> 00:52:07,810

you know why is it when we have a new

947

00:52:11,910 --> 00:52:09,400

discovery it's like oh this is so

948

00:52:14,250 --> 00:52:11,920

fantastic and you're grateful for it you

949

00:52:16,680 --> 00:52:14,260

know sometimes you wake up and you think

950

00:52:19,080 --> 00:52:16,690

wow I love this job if you're lucky to

951
00:52:21,630 --> 00:52:19,090
have a job like that you know and you're

952
00:52:24,230 --> 00:52:21,640
grateful I feel like that's when you're

953
00:52:27,540 --> 00:52:24,240
not just getting like a jolt of

954
00:52:32,630 --> 00:52:27,550
serotonin rush or what whatever hormone

955
00:52:35,010 --> 00:52:32,640
it's a much more grounded sense of joy

956
00:52:39,210 --> 00:52:35,020
at least this is what I found you know

957
00:52:40,920 --> 00:52:39,220
as I'm getting older and I don't know it

958
00:52:43,230 --> 00:52:40,930
just seems an odd way that biology would

959
00:52:47,220 --> 00:52:43,240
program our brain to have that sort of

960
00:52:50,910 --> 00:52:47,230
reward through such an emotion right

961
00:52:52,140 --> 00:52:50,920
yeah the evolutionary theory as it

962
00:52:57,300 --> 00:52:52,150
stands

963
00:53:00,540 --> 00:52:57,310

really can't account for altruism except

964

00:53:06,090 --> 00:53:00,550

it's a very kind of indirect survival

965

00:53:08,250 --> 00:53:06,100

mechanism but people who are in serving

966

00:53:13,440 --> 00:53:08,260

professions you know the nurses teachers

967

00:53:15,360 --> 00:53:13,450

the doctors who well doctors make a lot

968

00:53:19,410 --> 00:53:15,370

of money but many people in the service

969

00:53:22,980 --> 00:53:19,420

professions don't firemen they feel a

970

00:53:27,930 --> 00:53:22,990

deep sense of satisfaction in helping

971

00:53:31,080 --> 00:53:27,940

other people it's hard to justify

972

00:53:35,220 --> 00:53:31,090

through some evolutionary theory that

973

00:53:39,090 --> 00:53:35,230

that's hardwired into your being and

974

00:53:43,920 --> 00:53:39,100

that you get a serotonin response when

975

00:53:46,650 --> 00:53:43,930

you're when you help someone but it's at

976

00:53:51,590 --> 00:53:46,660

the heart of the spiritual experience is

977

00:53:57,930 --> 00:53:51,600

that when you consider realities beyond

978

00:54:01,590 --> 00:53:57,940

your own small self you expand and when

979

00:54:04,890 --> 00:54:01,600

you expand you feel better the more you

980

00:54:08,730 --> 00:54:04,900

expand the better you feel the more you

981

00:54:12,210 --> 00:54:08,740

serve the better you feel the more you

982

00:54:15,480 --> 00:54:12,220

take in the needs of others or the

983

00:54:19,200 --> 00:54:15,490

opinions of others the better you feel

984

00:54:21,660 --> 00:54:19,210

because you're you're moving away from

985

00:54:25,050 --> 00:54:21,670

this very very narrow identification

986

00:54:31,710 --> 00:54:25,060

that we tend to have with just our needs

987

00:54:34,590 --> 00:54:31,720

with our situation and that's just the

988

00:54:37,860 --> 00:54:34,600

that's just the glimmer of the expansion

989

00:54:41,190 --> 00:54:37,870

of love of joy that you can feel in a

990

00:54:47,310 --> 00:54:41,200

sense meditation which I started talking

991

00:54:51,680 --> 00:54:47,320

about is a scientific methodical way to

992

00:54:55,980 --> 00:54:51,690

expand beyond the boundaries of your

993

00:54:59,190 --> 00:54:55,990

little mind and little body and when you

994

00:55:01,670 --> 00:54:59,200

when you do that you also sort of come

995

00:55:05,370 --> 00:55:01,680

back to your experience with a natural

996

00:55:06,350 --> 00:55:05,380

desire to help others to serve others to

997

00:55:13,670 --> 00:55:06,360

feel grateful

998

00:55:19,010 --> 00:55:13,680

to feel yourself benefited just by being

999

00:55:21,980 --> 00:55:19,020

and not by having or doing right and I

1000

00:55:23,450 --> 00:55:21,990

you know want to preface that before

1001
00:55:25,160 --> 00:55:23,460
doing this interview I have not been

1002
00:55:28,280 --> 00:55:25,170
able to read the book because this was

1003
00:55:31,670 --> 00:55:28,290
sort of a semi last-minute get-together

1004
00:55:33,020 --> 00:55:31,680
but I still want to ask you a question

1005
00:55:35,000 --> 00:55:33,030
whether it's in the book or not I'm not

1006
00:55:39,350 --> 00:55:35,010
sure but when we come back from this

1007
00:55:43,880 --> 00:55:39,360
next break I want to ask you about love

1008
00:55:45,290 --> 00:55:43,890
and you know sort of dove dove tail off

1009
00:55:48,170 --> 00:55:45,300
of what we've been speaking about here

1010
00:55:51,890 --> 00:55:48,180
you know where does love that the

1011
00:55:54,950 --> 00:55:51,900
sensation of love love itself where does

1012
00:55:57,560 --> 00:55:54,960
that play as a factor into our very

1013
00:56:01,640 --> 00:55:57,570

existence in the grand scheme of things

1014

00:56:03,860 --> 00:56:01,650

so not a not a small question so a great

1015

00:56:05,870 --> 00:56:03,870

question well we'll be right back after

1016

00:56:09,080 --> 00:56:05,880

this quick break the zombie Smith or

1017

00:56:12,290 --> 00:56:09,090

paranormal now and my guest is Joseph

1018

00:56:14,490 --> 00:56:12,300

Selby author of the physics of God stay

1019

00:56:25,230 --> 00:56:14,500

tuned we shall be right back

1020

00:56:30,859 --> 00:56:28,660

[Music]

1021

00:56:33,049 --> 00:56:30,869

welcome back to paranormal now this is

1022

00:56:35,630 --> 00:56:33,059

Alan B Smith your host on the inception

1023

00:56:38,089 --> 00:56:35,640

radio network and picking us out of the

1024

00:56:40,700 --> 00:56:38,099

break was your love keeps lifting me

1025

00:56:42,950 --> 00:56:40,710

higher and higher Jackie Wilson one of

1026
00:56:46,910 --> 00:56:42,960
the greatest songs of the the sixties

1027
00:56:48,380 --> 00:56:46,920
and maybe of all time anyway

1028
00:56:50,630 --> 00:56:48,390
actually one night that phrasing me

1029
00:56:52,150 --> 00:56:50,640
reminded me of a politician anyway I'll

1030
00:56:55,819 --> 00:56:52,160
leave it at that

1031
00:56:58,039 --> 00:56:55,829
welcome back to paranormal now and the

1032
00:57:01,039 --> 00:56:58,049
our guest tonight is Joseph Selby author

1033
00:57:04,160 --> 00:57:01,049
of the physics of God and this has

1034
00:57:06,099 --> 00:57:04,170
really been a compelling conversation

1035
00:57:10,099 --> 00:57:06,109
I'm really enjoying it

1036
00:57:14,200 --> 00:57:10,109
so Joseph I had asked you before we took

1037
00:57:18,650 --> 00:57:14,210
the break if you could expand and

1038
00:57:21,019 --> 00:57:18,660

expound and explain to us what you think

1039

00:57:24,920 --> 00:57:21,029

love is and how it fits into the grand

1040

00:57:28,759 --> 00:57:24,930

scheme of things it's a great question

1041

00:57:32,170 --> 00:57:28,769

it actually gives me a chance to kind of

1042

00:57:38,599 --> 00:57:32,180

segue a bit away from just talking about

1043

00:57:41,599 --> 00:57:38,609

religion in its own context and bring

1044

00:57:45,829 --> 00:57:41,609

the discussion back to where we began

1045

00:57:47,210 --> 00:57:45,839

which is this unity of the underlying

1046

00:57:51,259 --> 00:57:47,220

discoveries of science and the

1047

00:57:54,740 --> 00:57:51,269

underlying tenants of religion well the

1048

00:57:58,960 --> 00:57:54,750

testimony of the saints and sages and

1049

00:58:02,539 --> 00:57:58,970

I'll answer your question in a way that

1050

00:58:04,809 --> 00:58:02,549

allows me to kind of bring in some of

1051
00:58:10,490 --> 00:58:04,819
those fundamental scientific discoveries

1052
00:58:16,870 --> 00:58:10,500
so the Saints and sages would say we

1053
00:58:25,700 --> 00:58:20,569
they would say that we feel love in our

1054
00:58:28,849 --> 00:58:25,710
subtle body in our energy body or astral

1055
00:58:31,839 --> 00:58:28,859
body etheric body spirit body it's a

1056
00:58:36,569 --> 00:58:31,849
term that you'll find everywhere in

1057
00:58:41,370 --> 00:58:36,579
mystical teachings and that in fact

1058
00:58:45,479 --> 00:58:41,380
most of what we think of as our selves

1059
00:58:50,809 --> 00:58:45,489
our vitality or life force our likes and

1060
00:58:55,349 --> 00:58:50,819
dislikes are our will our creative

1061
00:58:57,539 --> 00:58:55,359
visualization and our feelings according

1062
00:59:02,179 --> 00:58:57,549
to the saints and sages they're seated

1063
00:59:05,939 --> 00:59:02,189

in the subtle body and although we

1064

00:59:08,609 --> 00:59:05,949

experience physiological results of

1065

00:59:12,359 --> 00:59:08,619

those feelings the heart of those

1066

00:59:19,109 --> 00:59:12,369

feelings is in the subtle is in the

1067

00:59:23,299 --> 00:59:19,119

subtle energy so how then could science

1068

00:59:27,539 --> 00:59:23,309

support the notion that we have this

1069

00:59:31,319 --> 00:59:27,549

subtler reality that is interpenetrating

1070

00:59:34,919 --> 00:59:31,329

with our physical body and I got a lot

1071

00:59:36,779 --> 00:59:34,929

of the support for many of the things

1072

00:59:40,620 --> 00:59:36,789

that I find in the book or just

1073

00:59:43,289 --> 00:59:40,630

explaining the book from string theory

1074

00:59:44,459 --> 00:59:43,299

and particularly M theory so there's

1075

00:59:47,819 --> 00:59:44,469

going to be a little bit of a digression

1076
00:59:55,049 --> 00:59:47,829
to come back to and where we feel love

1077
01:00:00,900 --> 00:59:55,059
but string theory started off trying to

1078
01:00:05,390 --> 01:00:00,910
explain why there is so much energy in

1079
01:00:10,009 --> 01:00:05,400
the cosmos compared in quantum physics

1080
01:00:13,439 --> 01:00:10,019
compared to the theories of relativity

1081
01:00:15,689 --> 01:00:13,449
the theories of relativity you can add up a

1082
01:00:17,699 --> 01:00:15,699
certain amount of you know background

1083
01:00:22,279 --> 01:00:17,709
redshift radiation the cosmological

1084
01:00:25,890 --> 01:00:22,289
constant different measurements of

1085
01:00:30,630 --> 01:00:25,900
energy that has to be present sort of in

1086
01:00:32,400 --> 01:00:30,640
the fabric of the universe in order to

1087
01:00:37,819 --> 01:00:32,410
explain why the universe behaves the way

1088
01:00:41,429 --> 01:00:37,829

it does so quantum physics which

1089

01:00:45,850 --> 01:00:41,439

typically starts with the tiny and then

1090

01:00:54,940 --> 01:00:48,970

if they use their calculations that

1091

01:00:59,440 --> 01:00:54,950

describe the tiny the entire universe

1092

01:01:04,150 --> 01:00:59,450

should have vastly more energy in it

1093

01:01:08,240 --> 01:01:04,160

than has ever been able to be detected

1094

01:01:09,590 --> 01:01:08,250

and if it did have that much energy in

1095

01:01:12,380 --> 01:01:09,600

it it's sort of like a factor of a

1096

01:01:15,680 --> 01:01:12,390

hundred and twenty to that much bigger

1097

01:01:18,740 --> 01:01:15,690

than the amount of energy predicted by

1098

01:01:21,140 --> 01:01:18,750

relativity and if it were present in the

1099

01:01:25,940 --> 01:01:21,150

physical universe the physical universe

1100

01:01:29,030 --> 01:01:25,950

would behave far differently than it

1101

01:01:33,140 --> 01:01:29,040

does so quantum physicists ask

1102

01:01:35,590 --> 01:01:33,150

themselves where is this energy we

1103

01:01:38,260 --> 01:01:35,600

believe it's got to be there otherwise

1104

01:01:41,960 --> 01:01:38,270

atoms wouldn't behave the way they do

1105

01:01:47,050 --> 01:01:41,970

that matter itself would not be able to

1106

01:01:51,620 --> 01:01:47,060

exist were it not for this vast field of

1107

01:01:55,240 --> 01:01:51,630

energy and in fact the famous Higgs

1108

01:01:58,910 --> 01:01:55,250

boson and the you know triumphant

1109

01:02:01,940 --> 01:01:58,920

locating of where it is in terms of its

1110

01:02:07,480 --> 01:02:01,950

its place in the whole spectrum out of

1111

01:02:12,290 --> 01:02:07,490

subatomic particles was really proof of

1112

01:02:14,330 --> 01:02:12,300

the higgs field and the Higgs field is a

1113

01:02:16,490 --> 01:02:14,340

much more important thing the explosion

1114

01:02:20,540 --> 01:02:16,500

by itself is interesting but it's the

1115

01:02:27,010 --> 01:02:20,550

fact that it confirmed the existence of

1116

01:02:30,470 --> 01:02:27,020

a of a universal field of energy that

1117

01:02:34,700 --> 01:02:30,480

does not diminish with distance it's not

1118

01:02:36,860 --> 01:02:34,710

a magnetic field that quickly tails off

1119

01:02:39,650 --> 01:02:36,870

in strength the farther it is away from

1120

01:02:42,470 --> 01:02:39,660

the magnet it's equally potent

1121

01:02:46,340 --> 01:02:42,480

everywhere in the universe so if this

1122

01:02:49,370 --> 01:02:46,350

exists why does the universe not just

1123

01:02:51,080 --> 01:02:49,380

it's kind of explode into the distance

1124

01:02:53,420 --> 01:02:51,090

because there would be so much energy in

1125

01:02:56,180 --> 01:02:53,430

it that all the stars would be rocketing

1126

01:02:58,620 --> 01:02:56,190

away from us and in fact the universe

1127

01:03:02,900 --> 01:02:58,630

would never have formed at all

1128

01:03:07,230 --> 01:03:02,910

as it has if that energy were present

1129

01:03:12,329 --> 01:03:07,240

physically sure so so the string

1130

01:03:15,829 --> 01:03:12,339

theorists say well this energy has to

1131

01:03:22,650 --> 01:03:15,839

exist but maybe it exists in other

1132

01:03:26,430 --> 01:03:22,660

dimensions that are unmeasurable from

1133

01:03:29,069 --> 01:03:26,440

our three physical dimensions but that

1134

01:03:30,660 --> 01:03:29,079

they definitely exist and there are two

1135

01:03:32,460 --> 01:03:30,670

sort of theories one of which they

1136

01:03:35,940 --> 01:03:32,470

started with and kind of abandoned after

1137

01:03:39,359 --> 01:03:35,950

a while was that these dimensions are

1138

01:03:43,259 --> 01:03:39,369

kind of wrapped into themselves so they

1139

01:03:45,799 --> 01:03:43,269

sort of curl into these tiny subspaces

1140

01:03:48,150 --> 01:03:45,809

and then all this extra energy that

1141

01:03:51,120 --> 01:03:48,160

exists in the universe is actually in

1142

01:03:54,150 --> 01:03:51,130

these tiny spaces and then another

1143

01:03:56,730 --> 01:03:54,160

theory came along was that well it would

1144

01:04:01,049 --> 01:03:56,740

actually be easier to explain if these

1145

01:04:03,269 --> 01:04:01,059

weren't tiny but they were enormous but

1146

01:04:05,130 --> 01:04:03,279

they were only two dimensional and this

1147

01:04:10,380 --> 01:04:05,140

is where we get em theory and brain

1148

01:04:12,539 --> 01:04:10,390

theory from just you said they're both

1149

01:04:17,460 --> 01:04:12,549

tiny and enormous or just enormous but

1150

01:04:19,079 --> 01:04:17,470

two dimensional so the tiny theory there

1151

01:04:24,170 --> 01:04:19,089

are still adherents to the tiny

1152

01:04:26,700 --> 01:04:24,180

dimensions theory but it became more

1153

01:04:31,589 --> 01:04:26,710

workable it answered more questions

1154

01:04:35,359 --> 01:04:31,599

essentially to do the giant brains the

1155

01:04:38,130 --> 01:04:35,369

giant bulk which is this pure energy

1156

01:04:38,970 --> 01:04:38,140

substrate for the entire Commonwealth

1157

01:04:42,930 --> 01:04:38,980

cosmos

1158

01:04:45,630 --> 01:04:42,940

I say and it's out this out of this bulk

1159

01:04:47,309 --> 01:04:45,640

out of this pure energy realm which I

1160

01:04:50,190 --> 01:04:47,319

tend to refer to just to eat more easily

1161

01:04:52,680 --> 01:04:50,200

as the energy verse that bubble

1162

01:04:56,420 --> 01:04:52,690

universes are said to spring and that

1163

01:04:59,579 --> 01:04:56,430

our our universe as vast as it is

1164

01:05:03,539 --> 01:04:59,589

according to m-theory is just a tiny

1165

01:05:06,539 --> 01:05:03,549

bubble existing three-dimensional bubble

1166

01:05:10,799 --> 01:05:06,549

existing in a two-dimensional almost

1167

01:05:14,579 --> 01:05:10,809

infinitude of pure energy so this is

1168

01:05:18,180 --> 01:05:14,589

what string theory came to and M theory

1169

01:05:21,329 --> 01:05:18,190

in particular to explain where all this

1170

01:05:25,039 --> 01:05:21,339

energy is it's there it's a super high

1171

01:05:30,029 --> 01:05:25,049

frequencies much higher than any

1172

01:05:32,220 --> 01:05:30,039

scientific instrument can detect and way

1173

01:05:35,240 --> 01:05:32,230

beyond our ability of our senses to

1174

01:05:40,710 --> 01:05:35,250

detect but yet it's ever-present it

1175

01:05:41,609 --> 01:05:40,720

interpenetrates us it's just so funny to

1176

01:05:43,650 --> 01:05:41,619

hear you say that

1177

01:05:46,079 --> 01:05:43,660

in thinks but sounds like you're talking

1178

01:05:52,079 --> 01:05:46,089

about God you know there's these so many

1179

01:05:55,680 --> 01:05:52,089

overlapping contextual descriptions you

1180

01:05:58,799 --> 01:05:55,690

know that the waters seem to be more

1181

01:06:02,039 --> 01:05:58,809

muddier the harder science tries to

1182

01:06:04,230 --> 01:06:02,049

explain the universe yes well they keep

1183

01:06:05,819 --> 01:06:04,240

trying and they do they that's amazing

1184

01:06:08,999 --> 01:06:05,829

what they have oh my gosh

1185

01:06:11,490 --> 01:06:09,009

yeah discovered and proposed but I find

1186

01:06:14,190 --> 01:06:11,500

it even more amazing that if you you

1187

01:06:18,329 --> 01:06:14,200

can't reconcile all scientific theory

1188

01:06:20,999 --> 01:06:18,339

into one theory you know there are very

1189

01:06:25,039 --> 01:06:21,009

different theories based on opinions of

1190

01:06:29,180 --> 01:06:25,049

different scientists but there is enough

1191

01:06:32,309 --> 01:06:29,190

reputable sciences scientists who

1192

01:06:35,700 --> 01:06:32,319

embrace things like in theory even

1193

01:06:38,430 --> 01:06:35,710

though it's largely unproven because

1194

01:06:42,950 --> 01:06:38,440

they see how it answers some of these

1195

01:06:46,950 --> 01:06:42,960

other fundamental questions like why is

1196

01:06:47,960 --> 01:06:46,960

there an uncertainty principle and how

1197

01:06:51,180 --> 01:06:47,970

can

1198

01:06:55,140 --> 01:06:51,190

paranormal phenomenon be true they have

1199

01:06:56,730 --> 01:06:55,150

to start taking these into account well

1200

01:06:59,160 --> 01:06:56,740

the other thing that the M theorists did

1201

01:07:06,539 --> 01:06:59,170

and one thing we hear a lot about is

1202

01:07:08,880 --> 01:07:06,549

that David Bohm who is actually probably

1203

01:07:11,599 --> 01:07:08,890

not considered a string theorist

1204

01:07:15,890 --> 01:07:11,609

although many of the things that he

1205

01:07:19,019 --> 01:07:15,900

espoused and developed mathematics for

1206

01:07:22,100 --> 01:07:19,029

are subsequently adopted by string

1207

01:07:27,800 --> 01:07:22,110

theory and one of them is

1208

01:07:36,400 --> 01:07:27,810

the holographic principle so beau in his

1209

01:07:47,410 --> 01:07:40,930

basically why how is it possible that

1210

01:07:49,880 --> 01:07:47,420

matter can be absolutely propertyless

1211

01:07:52,880 --> 01:07:49,890

until it's observed by an intelligent

1212

01:07:57,020 --> 01:07:52,890

observer and then springs into a

1213

01:07:59,690 --> 01:07:57,030

particular form and he posited that

1214

01:08:04,370 --> 01:07:59,700

there must be like Heisenberg posited

1215

01:08:06,860 --> 01:08:04,380

this realm which he called pre space its

1216

01:08:10,370 --> 01:08:06,870

non-local in the language of on to

1217

01:08:13,010 --> 01:08:10,380

physics it's two dimensional and he

1218

01:08:19,160 --> 01:08:13,020

called this this pre space

1219

01:08:22,970 --> 01:08:19,170

Mayr the implicit order existed and he

1220

01:08:28,160 --> 01:08:22,980

called this where all forms in the

1221

01:08:32,780 --> 01:08:28,170

universe are excuse me all forms in the

1222

01:08:35,300 --> 01:08:32,790

energy verse in pre space were folded

1223

01:08:40,280 --> 01:08:35,310

into two dimensions and then when they

1224

01:08:43,700 --> 01:08:40,290

emerge into the physical universe they

1225

01:08:48,110 --> 01:08:43,710

become part of the explicate order and

1226

01:08:50,390 --> 01:08:48,120

they unfold into three dimensions so he

1227

01:08:52,610 --> 01:08:50,400

developed an entire mathematics called

1228

01:08:58,390 --> 01:08:52,620

bohmian mechanics mm-hmm

1229

01:09:02,260 --> 01:08:58,400

based on this notion and it's still a

1230

01:09:06,740 --> 01:09:02,270

heavy candidate for being a true

1231

01:09:09,980 --> 01:09:06,750

mathematics or reality so he's theorized

1232

01:09:14,510 --> 01:09:09,990

if I if I have this correct the two

1233

01:09:18,320 --> 01:09:14,520

dimensional construct can can turn into

1234

01:09:23,090 --> 01:09:18,330

a three dimensional contract exactly huh

1235

01:09:27,170 --> 01:09:23,100

okay and that led him to the mathematics

1236

01:09:31,450 --> 01:09:27,180

of holography which existed in his

1237

01:09:35,320 --> 01:09:31,460

lifetime and using the math of Holograms

1238

01:09:39,460 --> 01:09:35,330

he was able to apply that to his

1239

01:09:41,650 --> 01:09:39,470

implicit explicate order and he came to

1240

01:09:45,130 --> 01:09:41,660

the conclusion he was what the first

1241

01:09:48,579 --> 01:09:45,140

maybe not the first that our entire

1242

01:09:53,050 --> 01:09:48,589

physical universe is a holographic

1243

01:10:02,620 --> 01:09:53,060

projection from the two dimensional

1244

01:10:07,960 --> 01:10:02,630

energy verse okay so there's a template

1245

01:10:10,840 --> 01:10:07,970

there's a folded template which he

1246

01:10:15,630 --> 01:10:10,850

referred to as the implicit order that

1247

01:10:18,550 --> 01:10:15,640

when when drawn in so to speak to the

1248

01:10:21,070 --> 01:10:18,560

three-dimensional world of the physical

1249

01:10:24,970 --> 01:10:21,080

universe takes on all those three

1250

01:10:27,790 --> 01:10:24,980

dimensions so it reminds me uh are you

1251

01:10:33,250 --> 01:10:27,800

familiar with I think it's Miguel Ruiz

1252

01:10:36,040 --> 01:10:33,260

author of The Four Agreements I think

1253

01:10:43,180 --> 01:10:36,050

the subtitle was a toltec wisdom guide

1254

01:10:44,320 --> 01:10:43,190

have you heard this well it reminds me

1255

01:10:46,510 --> 01:10:44,330

that you know he

1256

01:10:49,840 --> 01:10:46,520

I can't remember the exact phrasing but

1257

01:10:55,540 --> 01:10:49,850

of something like a fog you know that we

1258

01:11:01,000 --> 01:10:55,550

that life is as we see it as an illusion

1259

01:11:07,840 --> 01:11:01,010

and I think a lot of you know mystics

1260

01:11:13,110 --> 01:11:07,850

speak in a similar way so if we are a

1261

01:11:16,840 --> 01:11:13,120

projection of a two-dimensional universe

1262

01:11:20,290 --> 01:11:16,850

then in the sense everything is an

1263

01:11:23,740 --> 01:11:20,300

illusion I don't know it's really hard

1264

01:11:26,350 --> 01:11:23,750

to to kind of wrap your head around that

1265

01:11:28,120 --> 01:11:26,360

because how can I even conceive of a

1266

01:11:33,730 --> 01:11:28,130

two-dimensional space in the first place

1267

01:11:42,700 --> 01:11:33,740

in I don't know where do you how do you

1268

01:11:45,120 --> 01:11:42,710

feel about language is couched in three

1269

01:11:47,820 --> 01:11:45,130

dimensional terms for the most part yeah

1270

01:11:53,220 --> 01:11:47,830

but

1271

01:11:57,300 --> 01:11:53,230

an analogy that I have come across that

1272

01:12:01,100 --> 01:11:57,310

has been used by Saints and sages and

1273

01:12:05,700 --> 01:12:01,110

near-death experiences or is that the

1274

01:12:08,220 --> 01:12:05,710

two dimensional reality that they go to

1275

01:12:12,570 --> 01:12:08,230

in transcendent experiences in

1276

01:12:17,250 --> 01:12:12,580

near-death experiences is like images on

1277

01:12:20,970 --> 01:12:17,260

a movie screen they give all the

1278

01:12:23,100 --> 01:12:20,980

appearance of three dimensionality but

1279

01:12:26,700 --> 01:12:23,110

they're not in fact three dimensional

1280

01:12:30,390 --> 01:12:26,710

and yet you can easily get caught up in

1281

01:12:32,870 --> 01:12:30,400

a movie and feel yourself moving with

1282

01:12:37,070 --> 01:12:32,880

the characters through space and

1283

01:12:40,230 --> 01:12:37,080

interacting with a a fully fleshed out

1284

01:12:42,780 --> 01:12:40,240

three-dimensional world even more so

1285

01:12:46,700 --> 01:12:42,790

with virtual reality I'm sure and yet

1286

01:12:50,160 --> 01:12:46,710

and yet that's all two-dimensional so

1287

01:12:54,720 --> 01:12:50,170

the description they give is that you're

1288

01:12:58,320 --> 01:12:54,730

in Ain a luminous reality that is

1289

01:13:01,530 --> 01:12:58,330

spaceless and matter less it's not

1290

01:13:04,920 --> 01:13:01,540

three-dimensional but as one near-death

1291

01:13:07,710 --> 01:13:04,930

experimenter said this reality that you

1292

01:13:12,030 --> 01:13:07,720

experience in these transcendent States

1293

01:13:18,930 --> 01:13:12,040

and near-death experiences is the clear

1294

01:13:21,000 --> 01:13:18,940

bright print from which a grosser more

1295

01:13:25,380 --> 01:13:21,010

imperfect print that we know as the

1296

01:13:27,630 --> 01:13:25,390

physical universe is made so the

1297

01:13:30,690 --> 01:13:27,640

hologram for anything to have a

1298

01:13:33,000 --> 01:13:30,700

holographic projection there has to be a

1299

01:13:36,540 --> 01:13:33,010

hologram the hologram is the

1300

01:13:38,910 --> 01:13:36,550

two-dimensional film that contains all

1301

01:13:42,030 --> 01:13:38,920

the information and if you shine light

1302

01:13:43,230 --> 01:13:42,040

through it it creates it's not exactly

1303

01:13:45,180 --> 01:13:43,240

shining light through it you have to

1304

01:13:48,750 --> 01:13:45,190

shine laser light through it in a

1305

01:13:51,360 --> 01:13:48,760

particular way but it creates a

1306

01:13:55,560 --> 01:13:51,370

three-dimensional image as a result of

1307

01:13:59,670 --> 01:13:55,570

that interaction between the information

1308

01:14:00,750 --> 01:13:59,680

in the hologram and the light energy so

1309

01:14:02,850 --> 01:14:00,760

what the

1310

01:14:09,540 --> 01:14:02,860

theorists are saying what Bob said is

1311

01:14:14,100 --> 01:14:09,550

that this energy verse is the source of

1312

01:14:16,109 --> 01:14:14,110

the information it's why we can't tell

1313

01:14:18,750 --> 01:14:16,119

whether a atom

1314

01:14:21,750 --> 01:14:18,760

we can't tell both its position and

1315

01:14:26,399 --> 01:14:21,760

momentum we have this uncertainty Intel

1316

01:14:29,729 --> 01:14:26,409

it manifests because the information the

1317

01:14:32,790 --> 01:14:29,739

properties that determine that are

1318

01:14:34,200 --> 01:14:32,800

present in the physical world the

1319

01:14:39,660 --> 01:14:34,210

information the properties that

1320

01:14:42,229 --> 01:14:39,670

determinants are in the energy versus

1321

01:14:45,930 --> 01:14:42,239

truth universe so it's something like

1322

01:14:48,419 --> 01:14:45,940

that we go to the movie theater the

1323

01:14:51,689 --> 01:14:48,429

characters that are on the screen we see

1324

01:14:56,310 --> 01:14:51,699

the light projecting them but those

1325

01:14:57,870 --> 01:14:56,320

characters are in unable to even

1326

01:15:00,080 --> 01:14:57,880

recognize that there is a light

1327

01:15:03,779 --> 01:15:00,090

projecting them in the first place

1328

01:15:07,500 --> 01:15:03,789

well that's true movies but it's only an

1329

01:15:10,950 --> 01:15:07,510

analogy the way that the Masters and

1330

01:15:18,870 --> 01:15:10,960

mystics describe it is that we also are

1331

01:15:21,359 --> 01:15:18,880

somewhere in that movie but when were on

1332

01:15:24,750 --> 01:15:21,369

the physical world in the physical world

1333

01:15:30,330 --> 01:15:24,760

in our physical bodies which are

1334

01:15:32,520 --> 01:15:30,340

themselves holographic projections we

1335

01:15:35,520 --> 01:15:32,530

are more caught up in our own personal

1336

01:15:37,770 --> 01:15:35,530

holographic projection we feel it's it's

1337

01:15:41,879 --> 01:15:37,780

solid we feel like we need to take care

1338

01:15:44,310 --> 01:15:41,889

of it and that it's going to you know

1339

01:15:46,770 --> 01:15:44,320

give us pleasures of various kinds when

1340

01:15:50,790 --> 01:15:46,780

we eat and sleep when we have sex when

1341

01:15:52,680 --> 01:15:50,800

we do many things and so we tend to get

1342

01:15:58,740 --> 01:15:52,690

really attached to taking care of that

1343

01:16:02,580 --> 01:15:58,750

physical body but just as the heart of

1344

01:16:06,149 --> 01:16:02,590

the information that forms the entire

1345

01:16:10,729 --> 01:16:06,159

physical universe is seated in the

1346

01:16:13,859 --> 01:16:10,739

energy verse the information the

1347

01:16:19,709 --> 01:16:13,869

feelings the convictions

1348

01:16:24,030 --> 01:16:19,719

the thoughts the will that animates our

1349

01:16:28,470 --> 01:16:24,040

physical body is actually present in our

1350

01:16:31,339 --> 01:16:28,480

energy so this comes full circle to

1351

01:16:35,450 --> 01:16:31,349

where you start asked the question our

1352

01:16:43,020 --> 01:16:35,460

energy bodies are more naturally attuned

1353

01:16:46,820 --> 01:16:43,030

to the ever-present reality of infinite

1354

01:16:51,169 --> 01:16:46,830

love infinite joy infinite wisdom

1355

01:16:55,169 --> 01:16:51,179

infinite peace and calmness and that

1356

01:16:57,120 --> 01:16:55,179

this is why heaven and this is really

1357

01:17:00,030 --> 01:16:57,130

what I'm describing it the same way that

1358

01:17:03,180 --> 01:17:00,040

all the heavens of that religions around

1359

01:17:08,339 --> 01:17:03,190

the world are described as being pure

1360

01:17:12,930 --> 01:17:08,349

higher freed of limitations no need to

1361

01:17:17,300 --> 01:17:12,940

eat no need to sleep that you are freed

1362

01:17:19,740 --> 01:17:17,310

of the burdens of the physical body

1363

01:17:23,010 --> 01:17:19,750

that's really how heaven is described

1364

01:17:26,700 --> 01:17:23,020

and that's what the near-death

1365

01:17:30,709 --> 01:17:26,710

experiencers and masters and mystics

1366

01:17:35,459 --> 01:17:30,719

describe this higher plane of existence

1367

01:17:38,180 --> 01:17:35,469

so is the higher is that higher plane of

1368

01:17:43,470 --> 01:17:38,190

existence of the two-dimensional plane

1369

01:17:46,020 --> 01:17:43,480

correct okay all right and we're in that

1370

01:17:50,339 --> 01:17:46,030

plane this is where it really gets hard

1371

01:17:54,930 --> 01:17:50,349

but to even begin to visualize is that

1372

01:17:56,899 --> 01:17:54,940

we're in that plane now hmm Bergkamp

1373

01:18:01,950 --> 01:17:56,909

opal or both or both end

1374

01:18:05,490 --> 01:18:01,960

we're both hmm you can't have a physical

1375

01:18:09,419 --> 01:18:05,500

body if it weren't interpenetrated by

1376

01:18:13,810 --> 01:18:09,429

and supported in every instant by your

1377

01:18:23,770 --> 01:18:20,980

so is the witch that's the same thing

1378

01:18:27,580 --> 01:18:23,780

that M theorists are saying about the

1379

01:18:30,940 --> 01:18:27,590

physical universe if you didn't have the

1380

01:18:34,120 --> 01:18:30,950

holographic information present in the

1381

01:18:38,430 --> 01:18:34,130

energy verse the physical universe would

1382

01:18:43,020 --> 01:18:38,440

cease to exist okay so the universe it's

1383

01:18:46,420 --> 01:18:43,030

continuously created uh-huh now if they

1384

01:18:50,350 --> 01:18:46,430

assuming they can prove that one way or

1385

01:18:57,700 --> 01:18:50,360

another doesn't that still leave and

1386

01:19:01,570 --> 01:18:57,710

Grenada great mystery of what the what

1387

01:19:06,250 --> 01:19:01,580

the origin is does it or does that

1388

01:19:08,950 --> 01:19:06,260

somehow answer the origin well it is an

1389

01:19:11,650 --> 01:19:08,960

answer to the origin I can't say that it

1390

01:19:18,070 --> 01:19:11,660

inherently answers that question but an

1391

01:19:22,330 --> 01:19:18,080

answer is that God created and continues

1392

01:19:25,320 --> 01:19:22,340

to create the universe through his

1393

01:19:30,880 --> 01:19:25,330

intelligence or its intelligence or her

1394

01:19:35,140 --> 01:19:30,890

intelligence applied to this energy

1395

01:19:39,310 --> 01:19:35,150

verse which then projects the physical

1396

01:19:41,770 --> 01:19:39,320

universe and so the origin the substrate

1397

01:19:47,080 --> 01:19:41,780

of everything is the infinite

1398

01:19:49,060 --> 01:19:47,090

consciousness of God is God because it's

1399

01:19:52,120 --> 01:19:49,070

the easiest word to use but you know

1400

01:19:53,770 --> 01:19:52,130

many people use other words but God is

1401

01:19:56,070 --> 01:19:53,780

infinite consciousness and in that

1402

01:20:00,300 --> 01:19:56,080

infinite consciousness is inherently

1403

01:20:04,810 --> 01:20:00,310

powerful it's inherently joyful loving

1404

01:20:08,050 --> 01:20:04,820

peaceful well okay there's that that's

1405

01:20:12,060 --> 01:20:08,060

the question though is how do we know

1406

01:20:16,060 --> 01:20:12,070

that that's why that it is inherently

1407

01:20:21,550 --> 01:20:18,900

because what the saints and sages

1408

01:20:25,240 --> 01:20:21,560

testified okay and you and you you

1409

01:20:28,630 --> 01:20:25,250

believe that well my personal experience

1410

01:20:32,380 --> 01:20:28,640

nowhere nowhere near as lofty as those

1411

01:20:34,780 --> 01:20:32,390

people who I'm referring to the Masters

1412

01:20:40,120 --> 01:20:34,790

who am i referring to my own experience

1413

01:20:45,210 --> 01:20:40,130

is that the more I go within the more I

1414

01:20:48,880 --> 01:20:45,220

identify with that subtle energy body

1415

01:20:52,900 --> 01:20:48,890

which is now in terms of sort of

1416

01:20:56,320 --> 01:20:52,910

esoteric teachings that dark are our

1417

01:20:59,470 --> 01:20:56,330

chakra system it's our esoteric body and

1418

01:21:03,790 --> 01:20:59,480

almost all mystical paths describe this

1419

01:21:06,400 --> 01:21:03,800

other inner world that you explore

1420

01:21:10,600 --> 01:21:06,410

through meditation and other techniques

1421

01:21:15,250 --> 01:21:10,610

but the more I feel connected to that

1422

01:21:18,690 --> 01:21:15,260

and the less I am garaged with sensory

1423

01:21:24,490 --> 01:21:18,700

information and barrage just with the

1424

01:21:30,150 --> 01:21:24,500

sensation of being a physical body the

1425

01:21:33,700 --> 01:21:30,160

more joyful the more peaceful the more

1426

01:21:36,970 --> 01:21:33,710

loved I feel and that's why I say for me

1427

01:21:39,790 --> 01:21:36,980

there's just no question because I've

1428

01:21:43,000 --> 01:21:39,800

had that experience over it over and

1429

01:21:46,090 --> 01:21:43,010

over and over again not in you know vast

1430

01:21:50,830 --> 01:21:46,100

ways maybe it's just a few seconds

1431

01:21:53,830 --> 01:21:50,840

sometimes but put it all together and

1432

01:21:55,870 --> 01:21:53,840

it's utterly convincing to me but I

1433

01:21:58,720 --> 01:21:55,880

think for anyone to really believe it

1434

01:22:01,390 --> 01:21:58,730

just like I didn't necessarily believe

1435

01:22:03,330 --> 01:22:01,400

that I was open to it they really need

1436

01:22:06,130 --> 01:22:03,340

to go experience it they really need to

1437

01:22:09,940 --> 01:22:06,140

practice meditation do these techniques

1438

01:22:12,760 --> 01:22:09,950

that take you into that subtle self then

1439

01:22:15,070 --> 01:22:12,770

you can say ah I I get what these

1440

01:22:20,680 --> 01:22:15,080

masters and mystics are saying I now

1441

01:22:23,050 --> 01:22:20,690

understand why they're so thrilled why

1442

01:22:27,330 --> 01:22:23,060

they're so moved by their experience

1443

01:22:32,840 --> 01:22:27,340

what one when one experiences

1444

01:22:37,530 --> 01:22:32,850

love that sensation is it the same

1445

01:22:40,520 --> 01:22:37,540

biological chemical cause that creates

1446

01:22:43,860 --> 01:22:40,530

that that sensation as when you

1447

01:22:45,479 --> 01:22:43,870

accomplish something creative in your

1448

01:22:47,400 --> 01:22:45,489

and you just get this rush if I finally

1449

01:22:49,380 --> 01:22:47,410

did it I've completed it or your

1450

01:22:53,669 --> 01:22:49,390

favorite baseball team wins a game or

1451

01:22:56,490 --> 01:22:53,679

you just went through you know went to

1452

01:23:00,050 --> 01:22:56,500

the New York Philharmonic and orchestra

1453

01:23:02,550 --> 01:23:00,060

and had this just you know uplifting

1454

01:23:05,640 --> 01:23:02,560

experience and all of these variations

1455

01:23:08,880 --> 01:23:05,650

of pleasure is love through science can

1456

01:23:10,470 --> 01:23:08,890

is it markedly different in the

1457

01:23:13,110 --> 01:23:10,480

physiological explanation of that

1458

01:23:17,220 --> 01:23:13,120

experience then the other reward

1459

01:23:19,729 --> 01:23:17,230

experiences well I think that the

1460

01:23:24,180 --> 01:23:19,739

distinction I would make there is that

1461

01:23:27,959 --> 01:23:24,190

you feel first in your subtle body you

1462

01:23:29,880 --> 01:23:27,969

feel that sense of completion and

1463

01:23:36,020 --> 01:23:29,890

satisfaction of a creative project

1464

01:23:38,939 --> 01:23:36,030

well-done or feeling a sense of you know

1465

01:23:42,090 --> 01:23:38,949

wonderful communion with another person

1466

01:23:46,169 --> 01:23:42,100

whether it's a friend or girlfriend or

1467

01:23:48,959 --> 01:23:46,179

you know a parent you feel that but you

1468

01:23:51,450 --> 01:23:48,969

feel at first in the physical body I

1469

01:23:55,590 --> 01:23:51,460

mean in the subtle body and then there

1470

01:24:01,590 --> 01:23:55,600

is a cascade of effects from that

1471

01:24:04,310 --> 01:24:01,600

feeling that are biochemical and both of

1472

01:24:06,570 --> 01:24:04,320

them are real I think it's important for

1473

01:24:10,189 --> 01:24:06,580

for people to understand that when you

1474

01:24:13,890 --> 01:24:10,199

say that the universe is an illusion or

1475

01:24:17,250 --> 01:24:13,900

the your body is an illusion it doesn't

1476

01:24:19,290 --> 01:24:17,260

mean it's not there it just means it

1477

01:24:20,729 --> 01:24:19,300

isn't what it seems all right well let's

1478

01:24:22,169 --> 01:24:20,739

hold it right there Joseph and we'll

1479

01:24:24,270 --> 01:24:22,179

pick this up when we come back from the

1480

01:24:25,740 --> 01:24:24,280

last short break this is Alan B Smith

1481

01:24:27,900 --> 01:24:25,750

for paranormal now on the inception

1482

01:24:29,250 --> 01:24:27,910

radio network stay tuned we'll be right

1483

01:24:39,170 --> 01:24:29,260

back

1484

01:24:43,620 --> 01:24:41,670

that's a paranormal now this is Ellen B

1485

01:24:46,650 --> 01:24:43,630

Smith your host on the exception radio

1486

01:24:49,680 --> 01:24:46,660

network which I am extraordinarily

1487

01:24:52,050 --> 01:24:49,690

grateful to have this opportunity that

1488

01:24:55,710 --> 01:24:52,060

was given to me by the producers Joe

1489

01:24:57,180 --> 01:24:55,720

champion MJ Lucas and Bob tarmac who

1490

01:24:59,610 --> 01:24:57,190

typically I wait to the end of the

1491

01:25:01,140 --> 01:24:59,620

program to thank them you know I wanted

1492

01:25:03,150 --> 01:25:01,150

to thank them now while we're still in

1493

01:25:06,890 --> 01:25:03,160

the drillers show here because these

1494

01:25:11,630 --> 01:25:06,900

guys worked really hard to bring an

1495

01:25:16,650 --> 01:25:11,640

enormous number of hours a paranormal

1496

01:25:21,140 --> 01:25:16,660

alternative radio to you and you know

1497

01:25:23,760 --> 01:25:21,150

they deserve they deserved the regard

1498

01:25:26,910 --> 01:25:23,770

for their efforts that that that that

1499

01:25:30,150 --> 01:25:26,920

they do and I just can't express how

1500

01:25:32,220 --> 01:25:30,160

much gratitude I have for them for not

1501

01:25:36,690 --> 01:25:32,230

only just you know from from this

1502

01:25:39,120 --> 01:25:36,700

program before trying to get as much

1503

01:25:42,750 --> 01:25:39,130

information out there that is otherwise

1504

01:25:46,860 --> 01:25:42,760

not accessible and it's true yes there

1505

01:25:48,960 --> 01:25:46,870

are a lot of paranormal radio programs

1506

01:25:53,520 --> 01:25:48,970

that are streaming a lot of independent

1507

01:25:56,540 --> 01:25:53,530

podcasts but this network as far as

1508

01:26:00,420 --> 01:25:56,550

internet streaming is one of the largest

1509

01:26:02,010 --> 01:26:00,430

and it's only because they put their

1510

01:26:07,800 --> 01:26:02,020

blood sweat and tears and passion behind

1511

01:26:10,110 --> 01:26:07,810

it so again thank you Joe Bob and MJ and

1512

01:26:13,260 --> 01:26:10,120

taking us out of the break was a ray of

1513

01:26:16,800 --> 01:26:13,270

light by Madonna now I want to continue

1514

01:26:20,370 --> 01:26:16,810

this last thought we left off with when

1515

01:26:22,530 --> 01:26:20,380

I was speaking with Joseph author of the

1516

01:26:24,240 --> 01:26:22,540

physics of God just of Selby and we're

1517

01:26:25,950 --> 01:26:24,250

talking about love

1518

01:26:29,280 --> 01:26:25,960

so Joseph I don't know if you wanted to

1519

01:26:31,980 --> 01:26:29,290

sort of wrap up you know your thoughts

1520

01:26:34,440 --> 01:26:31,990

on the the physiological reward system

1521

01:26:39,350 --> 01:26:34,450

and and anyway I'll let you let let you

1522

01:26:42,390 --> 01:26:39,360

take it from there well see if I can

1523

01:26:44,210 --> 01:26:42,400

bring it back to a closure from where we

1524

01:26:46,830 --> 01:26:44,220

started so

1525

01:26:49,560 --> 01:26:46,840

the saints and sages say we have this

1526

01:26:54,780 --> 01:26:49,570

subtle body the astral body the energy

1527

01:26:58,940 --> 01:26:54,790

body and debt the origin of our finer

1528

01:27:02,280 --> 01:26:58,950

feelings our higher feelings and even

1529

01:27:07,520 --> 01:27:02,290

negative emotions like anger and hate

1530

01:27:11,310 --> 01:27:07,530

are in that energetic body so anytime we

1531

01:27:13,350 --> 01:27:11,320

tune into one of those feelings when we

1532

01:27:16,940 --> 01:27:13,360

experience that feeling whatever the

1533

01:27:20,610 --> 01:27:16,950

cause there is a cascade of

1534

01:27:26,180 --> 01:27:20,620

physiological results from having that

1535

01:27:29,610 --> 01:27:26,190

feeling and this is why holistic health

1536

01:27:32,130 --> 01:27:29,620

takes into account of what you're

1537

01:27:37,230 --> 01:27:32,140

thinking what you're feeling and that

1538

01:27:40,470 --> 01:27:37,240

the very power of those feelings can

1539

01:27:43,680 --> 01:27:40,480

make you enormously healthy or it can

1540

01:27:47,580 --> 01:27:43,690

kill you prematurely because there is

1541

01:27:51,120 --> 01:27:47,590

that connection but the feeling starts

1542

01:27:54,360 --> 01:27:51,130

in your subtle body and then triggers

1543

01:27:58,500 --> 01:27:54,370

the reaction in your physiological body

1544

01:28:00,600 --> 01:27:58,510

so you feel love as we say we feel

1545

01:28:03,630 --> 01:28:00,610

it in the heart there's no there's no

1546

01:28:07,140 --> 01:28:03,640

organ in the physical body that you know

1547

01:28:10,440 --> 01:28:07,150

matches that well I mean I could say

1548

01:28:11,880 --> 01:28:10,450

through personal experience and I think

1549

01:28:15,660 --> 01:28:11,890

everyone would say the same thing it

1550

01:28:17,940 --> 01:28:15,670

feels different there is something

1551
01:28:22,580 --> 01:28:17,950
unique and special we differentiate

1552
01:28:25,560 --> 01:28:22,590
between a crush on another person

1553
01:28:27,840 --> 01:28:25,570
infatuation for another person a

1554
01:28:32,130 --> 01:28:27,850
physical attraction for another person

1555
01:28:34,680 --> 01:28:32,140
and love love is this other category

1556
01:28:38,040 --> 01:28:34,690
that crosses over so many other

1557
01:28:41,880 --> 01:28:38,050
boundaries not just it's a it's the same

1558
01:28:44,580 --> 01:28:41,890
or similar feeling between the romantic

1559
01:28:46,050 --> 01:28:44,590
relationship and you know the

1560
01:28:47,490 --> 01:28:46,060
relationship you have with someone that

1561
01:28:49,620 --> 01:28:47,500
you don't know just you you have an

1562
01:28:53,790 --> 01:28:49,630
altruistic love for that person in their

1563
01:28:55,920 --> 01:28:53,800

well-being when you see them suffer it's

1564

01:28:56,990 --> 01:28:55,930

a it's a like use I think you said

1565

01:29:02,270 --> 01:28:57,000

earlier the more like a

1566

01:29:06,950 --> 01:29:02,280

subtle sensation it does feel like a

1567

01:29:08,900 --> 01:29:06,960

deeper well of and I don't want to say

1568

01:29:11,600 --> 01:29:08,910

emotion but more of a sensation because

1569

01:29:16,300 --> 01:29:11,610

I'm I'm speaking of that that bigger

1570

01:29:19,700 --> 01:29:16,310

love that you feel and because of that

1571

01:29:22,540 --> 01:29:19,710

you know you have how many musicians and

1572

01:29:28,390 --> 01:29:22,550

songwriters and philosophers and

1573

01:29:33,080 --> 01:29:28,400

religious philosophers you know leading

1574

01:29:35,840 --> 01:29:33,090

their their thoughts with love and

1575

01:29:37,790 --> 01:29:35,850

compassion and that this is the way this

1576

01:29:41,350 --> 01:29:37,800

is this is how we should be living this

1577

01:29:46,280 --> 01:29:41,360

is the way to bring organization and

1578

01:29:49,880 --> 01:29:46,290

take away chaos to eliminate it to bring

1579

01:29:52,030 --> 01:29:49,890

peace and centeredness the you know it's

1580

01:29:55,460 --> 01:29:52,040

always no one is saying hate is the way

1581

01:29:57,530 --> 01:29:55,470

you know no one is saying right I mean

1582

01:30:03,790 --> 01:29:57,540

no one is saying angst is the way it's

1583

01:30:08,030 --> 01:30:03,800

it's always is love and you know it is

1584

01:30:10,720 --> 01:30:08,040

in my mind difficult to explain simply

1585

01:30:12,890 --> 01:30:10,730

as a biological function

1586

01:30:14,000 --> 01:30:12,900

though I am NOT ruling that out of

1587

01:30:15,680 --> 01:30:14,010

course because I think there is good

1588

01:30:17,930 --> 01:30:15,690

science to suggest that like think you

1589

01:30:20,780 --> 01:30:17,940

were sort of inferring before but um

1590

01:30:23,090 --> 01:30:20,790

anyway so we'll move on from the topic

1591

01:30:26,960 --> 01:30:23,100

of love because that's a topic that I

1592

01:30:30,170 --> 01:30:26,970

love and will I'm gonna ask you a

1593

01:30:35,510 --> 01:30:30,180

question and I'd really like to hear

1594

01:30:38,570 --> 01:30:35,520

what you have to say do you believe in

1595

01:30:43,840 --> 01:30:38,580

aliens as in extraterrestrials or

1596

01:30:49,040 --> 01:30:43,850

interdimensional visitations and if so

1597

01:30:53,899 --> 01:30:49,050

is there a relationship between humans

1598

01:31:04,770 --> 01:30:57,229

an interesting question I guess I would

1599

01:31:11,000 --> 01:31:04,780

characterize myself as believing readily

1600

01:31:15,060 --> 01:31:11,010

believing that there are aliens and

1601

01:31:18,899 --> 01:31:15,070

quite readily believing that aliens

1602

01:31:24,629 --> 01:31:18,909

could have come to the earth could still

1603

01:31:28,620 --> 01:31:24,639

be on the earth but I guess from a it

1604

01:31:34,790 --> 01:31:28,630

doesn't sort of inherently fascinate I

1605

01:31:37,890 --> 01:31:34,800

don't think we need a Lien's to explain

1606

01:31:39,270 --> 01:31:37,900

past scientific development I don't

1607

01:31:42,930 --> 01:31:39,280

think we need a lian's

1608

01:31:48,410 --> 01:31:42,940

to save us I don't think we need a

1609

01:31:53,250 --> 01:31:48,420

lian's to allow us to live you know deep

1610

01:31:55,470 --> 01:31:53,260

fulfilling loving lives so they I mean I

1611

01:31:56,580 --> 01:31:55,480

hate to be sound dismissive because

1612

01:32:00,120 --> 01:31:56,590

they're not really trying to be

1613

01:32:04,109 --> 01:32:00,130

dismissive but personally it's just not

1614

01:32:07,919 --> 01:32:04,119

that interesting to me because I think

1615

01:32:10,979 --> 01:32:07,929

what I'm much more satisfied with is

1616

01:32:14,189 --> 01:32:10,989

going deeper into the spiritual

1617

01:32:17,040 --> 01:32:14,199

teachings that have been offered by all

1618

01:32:20,850 --> 01:32:17,050

the Masters and mystics because I've had

1619

01:32:25,080 --> 01:32:20,860

so much personal satisfaction with them

1620

01:32:29,040 --> 01:32:25,090

so do you think that the curiosity and

1621

01:32:30,540 --> 01:32:29,050

often extremely intense curiosity in the

1622

01:32:33,629 --> 01:32:30,550

preoccupation and study of

1623

01:32:37,680 --> 01:32:33,639

extraterrestrial beings whether they

1624

01:32:41,629 --> 01:32:37,690

exist or not is partially because we are

1625

01:32:45,899 --> 01:32:41,639

seeking answers and seeking some sort of

1626

01:32:49,589 --> 01:32:45,909

satisfying explanation for why we are

1627

01:32:53,879 --> 01:32:49,599

here who we are and someone like

1628

01:32:55,680 --> 01:32:53,889

yourself finds that you don't need that

1629

01:32:58,320 --> 01:32:55,690

whether they exist or not is cool but

1630

01:33:00,149 --> 01:32:58,330

you are finding a certain amount of

1631

01:33:03,089 --> 01:33:00,159

satisfaction and a certain amount of

1632

01:33:04,770 --> 01:33:03,099

answering through your your spiritual

1633

01:33:13,659 --> 01:33:04,780

path

1634

01:33:17,709 --> 01:33:13,669

that I follow the teachings of pharmacy

1635

01:33:22,600 --> 01:33:17,719

Yogananda has you know plenty of room

1636

01:33:26,049 --> 01:33:22,610

for there to be extraterrestrials and in

1637

01:33:31,989 --> 01:33:26,059

fact as you said trans dimensional

1638

01:33:36,009 --> 01:33:31,999

beings Yogananda in a interpretation of

1639

01:33:39,219 --> 01:33:36,019

the bhagavad-gita mentioned that there

1640

01:33:45,609 --> 01:33:39,229

were beings that lived on the surfaces

1641

01:33:48,370 --> 01:33:45,619

of Suns that were 10 miles tall and he

1642

01:33:52,319 --> 01:33:48,380

referred to the fact that there are vast

1643

01:33:58,330 --> 01:33:52,329

numbers of other planets in our universe

1644

01:34:01,449 --> 01:33:58,340

that have intelligent life so I'm quite

1645

01:34:03,159 --> 01:34:01,459

a column with it as a as a concept and

1646

01:34:06,640 --> 01:34:03,169

he was quite at home with it as a

1647

01:34:09,729 --> 01:34:06,650

concept but he didn't make the other

1648

01:34:12,310 --> 01:34:09,739

connection that often gets made which

1649

01:34:16,449 --> 01:34:12,320

may as you were alluding lead people to

1650

01:34:18,609 --> 01:34:16,459

think they have answers that we need or

1651
01:34:22,149 --> 01:34:18,619
figuring them out as an answer we need

1652
01:34:24,009 --> 01:34:22,159
he didn't go there he said you know the

1653
01:34:29,080 --> 01:34:24,019
deeper answers the bigger answers the

1654
01:34:32,229 --> 01:34:29,090
cosmic answers are found in your own

1655
01:34:34,390 --> 01:34:32,239
inner exploration of your own

1656
01:34:36,699 --> 01:34:34,400
consciousness and you don't have to go

1657
01:34:39,129 --> 01:34:36,709
anywhere or learn anything outside of

1658
01:34:41,189 --> 01:34:39,139
yourself to be able to do that have you

1659
01:34:44,949 --> 01:34:41,199
have your Red Rum doses be here now oh

1660
01:34:47,949 --> 01:34:44,959
yeah was the early inspiration for me

1661
01:34:49,359 --> 01:34:47,959
getting into spiritual teachings did a

1662
01:34:53,259 --> 01:34:49,369
fit did you feel like it messed with

1663
01:34:55,179 --> 01:34:53,269

your head a little bit yes but a lot

1664

01:35:00,100 --> 01:34:55,189

many of my generation I was messing with

1665

01:35:04,209 --> 01:35:00,110

my hand what why not yeah when I when I

1666

01:35:09,310 --> 01:35:04,219

read it it was like it did something to

1667

01:35:12,939 --> 01:35:09,320

my mind do you know it felt like my mind

1668

01:35:15,830 --> 01:35:12,949

was being shifted you know in slightly

1669

01:35:18,820 --> 01:35:15,840

into an an alternate world

1670

01:35:22,070 --> 01:35:18,830

you know a you know not opinion but a

1671

01:35:24,560 --> 01:35:22,080

state of mind and it was a it's an

1672

01:35:28,760 --> 01:35:24,570

interesting read when you sort of just

1673

01:35:30,530 --> 01:35:28,770

let go a it it is similar as similar as

1674

01:35:33,020 --> 01:35:30,540

you can through the reading and

1675

01:35:35,120 --> 01:35:33,030

imagination as going on like an acid

1676

01:35:39,109 --> 01:35:35,130

trip or the psilocybin trip or something

1677

01:35:42,470 --> 01:35:39,119

like that I just found it almost magical

1678

01:35:48,500 --> 01:35:42,480

in that sense and spellbinding and

1679

01:35:50,859 --> 01:35:48,510

bounding you know literally and it makes

1680

01:35:53,450 --> 01:35:50,869

me wonder did he did he really go

1681

01:35:56,930 --> 01:35:53,460

somewhere else and bring a sort of a

1682

01:35:59,300 --> 01:35:56,940

code back from from that other maybe

1683

01:36:01,600 --> 01:35:59,310

like we've spoken to of earlier the

1684

01:36:04,550 --> 01:36:01,610

source of that that two-dimensional

1685

01:36:06,770 --> 01:36:04,560

substrate reality and and bring back in

1686

01:36:12,379 --> 01:36:06,780

its in a quote coded way that we can

1687

01:36:14,300 --> 01:36:12,389

sort of absorb it well I think I can't

1688

01:36:17,290 --> 01:36:14,310

tell you that I know Ram Dass is

1689

01:36:21,260 --> 01:36:17,300

thinking process but he brought that out

1690

01:36:24,820 --> 01:36:21,270

after he had spent time with his

1691

01:36:29,540 --> 01:36:24,830

spiritual teacher neem Karoli Baba and

1692

01:36:32,570 --> 01:36:29,550

he had begun meditating and you know

1693

01:36:35,810 --> 01:36:32,580

spent a lot of time with his with his

1694

01:36:38,089 --> 01:36:35,820

teacher before he wrote that book and I

1695

01:36:42,200 --> 01:36:38,099

think what he was trying to do my my

1696

01:36:45,800 --> 01:36:42,210

feeling always has been that he was

1697

01:36:49,280 --> 01:36:45,810

trying to get Westerners out of their

1698

01:36:54,140 --> 01:36:49,290

rational mind to understand something

1699

01:37:00,260 --> 01:36:54,150

that only can be experienced so he had

1700

01:37:02,240 --> 01:37:00,270

to take you on a little journey that was

1701

01:37:05,120 --> 01:37:02,250

unlike any journey you'd ever been on

1702

01:37:06,260 --> 01:37:05,130

before and I'd say it worked for me at

1703

01:37:08,990 --> 01:37:06,270

least yeah and it worked

1704

01:37:12,439 --> 01:37:09,000

yeah I was fascinated by it and moved by

1705

01:37:16,100 --> 01:37:12,449

it and it was really an important

1706

01:37:17,870 --> 01:37:16,110

important book for me yeah you know I'm

1707

01:37:20,930 --> 01:37:17,880

glad you said that what what are some of

1708

01:37:24,589 --> 01:37:20,940

the most important works that you've

1709

01:37:27,800 --> 01:37:24,599

read or or figures or authors that have

1710

01:37:30,890 --> 01:37:27,810

sort of guided you down this path to

1711

01:37:35,740 --> 01:37:30,900

write this book as it were well the main

1712

01:37:40,250 --> 01:37:35,750

book that has guided me is Yogananda's

1713

01:37:45,290 --> 01:37:40,260

autobiography of a yogi' it's been out

1714

01:37:47,899 --> 01:37:45,300

since 1946 it's been read by millions of

1715

01:37:49,729 --> 01:37:47,909

people there are something like 10

1716

01:37:54,020 --> 01:37:49,739

million copies have been printed since

1717

01:38:00,189 --> 01:37:54,030

it was first published it was the first

1718

01:38:04,839 --> 01:38:00,199

book written in first person by a

1719

01:38:09,550 --> 01:38:04,849

realized spiritual master and there are

1720

01:38:11,810 --> 01:38:09,560

many books that are records of what

1721

01:38:13,149 --> 01:38:11,820

great spiritual teachers are saying

1722

01:38:16,910 --> 01:38:13,159

mm-hmm

1723

01:38:21,530 --> 01:38:16,920

but has it just a story of their life

1724

01:38:26,419 --> 01:38:21,540

and how they experience God and found

1725

01:38:29,810 --> 01:38:26,429

God and understand God it was it is

1726

01:38:32,870 --> 01:38:29,820

unique because it's in the Western

1727

01:38:37,359 --> 01:38:32,880

vernacular it's not a book where he

1728

01:38:39,709 --> 01:38:37,369

brings in lots and lots of Eastern

1729

01:38:43,629 --> 01:38:39,719

concepts that are difficult for us to

1730

01:38:46,520 --> 01:38:43,639

understand he explained everything to

1731

01:38:51,410 --> 01:38:46,530

Westerners and I think what continues to

1732

01:38:56,320 --> 01:38:51,420

impress me is how much of a scientific

1733

01:38:59,510 --> 01:38:56,330

foundation it has so that's been a huge

1734

01:39:03,890 --> 01:38:59,520

wellspring for me I can't tell you any

1735

01:39:08,870 --> 01:39:03,900

other book that's had more impact on me

1736

01:39:12,020 --> 01:39:08,880

I loved books yeah like the Dow physics

1737

01:39:15,229 --> 01:39:12,030

the dancing wooly masters I always had a

1738

01:39:18,760 --> 01:39:15,239

very strong scientific background I

1739

01:39:23,169 --> 01:39:18,770

think before I discovered meditation

1740

01:39:27,649 --> 01:39:23,179

which pulled me away from a strictly

1741

01:39:32,240 --> 01:39:27,659

scientific bent I would have ended up as

1742

01:39:33,660 --> 01:39:32,250

a microbiologist or physicist I was very

1743

01:39:35,790 --> 01:39:33,670

much going down that path

1744

01:39:39,750 --> 01:39:35,800

but it was books like the autobiography

1745

01:39:42,959 --> 01:39:39,760

of a yogi' and be here now and the Dalit

1746

01:39:45,000 --> 01:39:42,969

physics that really you know moved me

1747

01:39:49,220 --> 01:39:45,010

away from that there's there's there's

1748

01:39:53,580 --> 01:39:49,230

more here there's a lot more here plus

1749

01:39:57,479 --> 01:39:53,590

at the time I was in college many of us

1750

01:40:01,500 --> 01:39:57,489

were imbibing hallucinogenic substances

1751

01:40:05,240 --> 01:40:01,510

and I had a few very profound

1752

01:40:10,790 --> 01:40:05,250

experiences that I could not explain

1753

01:40:14,939 --> 01:40:10,800

rationality or with any at that time

1754

01:40:16,430 --> 01:40:14,949

scientific explanation and that that in

1755

01:40:19,979 --> 01:40:16,440

combination with these books

1756

01:40:23,400 --> 01:40:19,989

really sent me on you know a life

1757

01:40:29,189 --> 01:40:23,410

journey to figure out how do I have that

1758

01:40:32,550 --> 01:40:29,199

experience better and continuously right

1759

01:40:37,110 --> 01:40:32,560

right yeah I think I think many people

1760

01:40:39,540 --> 01:40:37,120

have come out the same with the same

1761

01:40:43,880 --> 01:40:39,550

opinion as yourself I'm including Ram

1762

01:40:46,380 --> 01:40:43,890

Dass and um but I but I do wonder

1763

01:40:50,209 --> 01:40:46,390

because we are talking about you know

1764

01:40:53,520 --> 01:40:50,219

that the merging of science and you know

1765

01:40:55,290 --> 01:40:53,530

spirituality and in a sense you know

1766

01:40:58,950 --> 01:40:55,300

like look Timothy Leary would look what

1767

01:41:01,140 --> 01:40:58,960

he was doing is and he really was he has

1768

01:41:03,689 --> 01:41:01,150

kind of a bad rap I think he was trying

1769

01:41:06,180 --> 01:41:03,699

to stick to the whole set and setting

1770

01:41:09,750 --> 01:41:06,190

and and being responsible with the use

1771

01:41:13,669 --> 01:41:09,760

of LSD and I think originally especially

1772

01:41:17,610 --> 01:41:13,679

he was using it as a scientific tool to

1773

01:41:19,680 --> 01:41:17,620

expand our consciousness you know is

1774

01:41:24,300 --> 01:41:19,690

there do you see a viable future where

1775

01:41:29,820 --> 01:41:24,310

human beings can use substances or I

1776

01:41:34,940 --> 01:41:29,830

don't know some other technology to help

1777

01:41:42,330 --> 01:41:39,660

well responsibly and yeah I can only

1778

01:41:46,530 --> 01:41:42,340

really speak to my own experience and

1779

01:41:50,040 --> 01:41:46,540

what I have found was that it wasn't

1780

01:41:53,790 --> 01:41:50,050

consistent I mean that may have been in

1781

01:41:56,520 --> 01:41:53,800

part because the the source of supply

1782

01:42:01,080 --> 01:41:56,530

for me was probably inconsistent but I

1783

01:42:05,670 --> 01:42:01,090

did find that not all hallucinogenic

1784

01:42:10,350 --> 01:42:05,680

experiences were uplifting not all of

1785

01:42:15,870 --> 01:42:10,360

them were satisfying some of them were

1786

01:42:18,060 --> 01:42:15,880

unpleasant yeah yeah and it convinced me

1787

01:42:22,950 --> 01:42:18,070

that while there was a reality there

1788

01:42:25,530 --> 01:42:22,960

that the psilocybin or whatever I

1789

01:42:29,130 --> 01:42:25,540

happened to be taking put me in touch

1790

01:42:32,160 --> 01:42:29,140

with that reality was separate from the

1791

01:42:35,280 --> 01:42:32,170

psilocybin that the the drug was just a

1792

01:42:38,880 --> 01:42:35,290

means to make that connection but it was

1793

01:42:41,850 --> 01:42:38,890

always temporary well and do you think

1794

01:42:46,680 --> 01:42:41,860

that they they are you know as dangerous

1795

01:42:49,170 --> 01:42:46,690

or evil you know descriptive words that

1796

01:42:53,210 --> 01:42:49,180

others might use evil but you know like

1797

01:42:55,440 --> 01:42:53,220

cocaine or heroin or meth it you know

1798

01:42:58,740 --> 01:42:55,450

crack cocaine or you know all these

1799

01:43:00,180 --> 01:42:58,750

things you know are they there look

1800

01:43:07,440 --> 01:43:00,190

there tend to be lumped in the same

1801
01:43:10,830 --> 01:43:07,450
category of detrimental effects sight do

1802
01:43:13,800 --> 01:43:10,840
they deserve that yeah it's a very

1803
01:43:16,470 --> 01:43:13,810
interesting question and I personally

1804
01:43:19,260 --> 01:43:16,480
I'm very grateful for having had the

1805
01:43:26,640 --> 01:43:19,270
experience but I would never recommend

1806
01:43:30,600 --> 01:43:26,650
it to someone I had friends who came out

1807
01:43:33,840 --> 01:43:30,610
of the 60s with not as much as they

1808
01:43:38,970 --> 01:43:33,850
entered the 60s with that it really was

1809
01:43:42,360 --> 01:43:38,980
detrimental to them there is a for an

1810
01:43:44,540 --> 01:43:42,370
addictive personality they are as

1811
01:43:48,109 --> 01:43:44,550
addictive as any other drug because

1812
01:43:52,760 --> 01:43:48,119
is there so entrancing there so

1813
01:43:56,359 --> 01:43:52,770

energizing they're so able to take your

1814

01:43:58,310 --> 01:43:56,369

out of yourself and your your thoughts

1815

01:43:59,450 --> 01:43:58,320

of the day and your worries of the week

1816

01:44:00,890 --> 01:43:59,460

mm-hmm

1817

01:44:03,950 --> 01:44:00,900

well it's interesting you say that

1818

01:44:07,069 --> 01:44:03,960

because so many make the argument that

1819

01:44:10,669 --> 01:44:07,079

it actually is good for fighting

1820

01:44:13,970 --> 01:44:10,679

addiction or can be used to counter

1821

01:44:16,879 --> 01:44:13,980

addiction yeah that's a little bit like

1822

01:44:19,669 --> 01:44:16,889

you know removing one thorn by using

1823

01:44:22,640 --> 01:44:19,679

another thorn to do it I think under

1824

01:44:25,180 --> 01:44:22,650

proper supervision with someone who

1825

01:44:28,970 --> 01:44:25,190

really really knows what they're doing I

1826

01:44:32,330 --> 01:44:28,980

think it's probably true and you know

1827

01:44:35,000 --> 01:44:32,340

carefully conclude controlled doses the

1828

01:44:37,189 --> 01:44:35,010

ability to be you know brought down from

1829

01:44:39,530 --> 01:44:37,199

that experience quickly if it starts to

1830

01:44:42,799 --> 01:44:39,540

go bad I think yeah under supervision

1831

01:44:47,299 --> 01:44:42,809

know that yeah I think all that is true

1832

01:44:51,260 --> 01:44:47,309

I think they're just easier ways and the

1833

01:44:52,669 --> 01:44:51,270

easiest way I know is meditation right

1834

01:44:54,649 --> 01:44:52,679

well you know I mean Terence Mckenna

1835

01:44:57,859 --> 01:44:54,659

which I'm sure you're familiar with you

1836

01:45:00,530 --> 01:44:57,869

know he he always made the the sort of

1837

01:45:04,220 --> 01:45:00,540

snide remark argument that it's like you

1838

01:45:06,530 --> 01:45:04,230

know it's well yeah it's great you can

1839

01:45:08,359 --> 01:45:06,540

you can get in touch with with God

1840

01:45:11,270 --> 01:45:08,369

through meditation but who has time for

1841

01:45:12,950 --> 01:45:11,280

it you know it's like in this day and

1842

01:45:14,569 --> 01:45:12,960

age it's it seems like well you know

1843

01:45:16,970 --> 01:45:14,579

what if I can if I can just do this

1844

01:45:19,399 --> 01:45:16,980

other thing you know in a couple of

1845

01:45:22,160 --> 01:45:19,409

hours or in five minutes I can I can you

1846

01:45:25,580 --> 01:45:22,170

know touch the divine and and learn

1847

01:45:28,280 --> 01:45:25,590

something about myself and you know I I

1848

01:45:31,580 --> 01:45:28,290

know for myself I work on putting that

1849

01:45:33,890 --> 01:45:31,590

time aside to meditate and it's usually

1850

01:45:36,439 --> 01:45:33,900

at the end of the day when I'm tired and

1851

01:45:38,540 --> 01:45:36,449

and it's harder to convince myself okay

1852

01:45:39,740 --> 01:45:38,550

come on man just just 10 minutes that's

1853

01:45:42,859 --> 01:45:39,750

all you need just 10 minutes put it

1854

01:45:45,939 --> 01:45:42,869

aside you can do it you know so if it

1855

01:45:48,640 --> 01:45:45,949

feels like and this isn't against you I

1856

01:45:51,680 --> 01:45:48,650

feel like you know if it was so easy

1857

01:45:54,520 --> 01:45:51,690

more people would do meditation so I

1858

01:45:57,580 --> 01:45:54,530

think that the challenge is how to

1859

01:45:59,830 --> 01:45:57,590

how to convince people that the time

1860

01:46:02,399 --> 01:45:59,840

invested in meditation is well worth the

1861

01:46:06,010 --> 01:46:02,409

rewards that you were you reap from it

1862

01:46:09,939 --> 01:46:06,020

yeah well it's it's like all things and

1863

01:46:15,069 --> 01:46:09,949

and wrapped up securely in human nature

1864

01:46:17,770 --> 01:46:15,079

I mean you know I know that eating right

1865

01:46:20,379 --> 01:46:17,780

is gonna make me healthier there's a

1866

01:46:22,629 --> 01:46:20,389

little work involved you and I both know

1867

01:46:26,470 --> 01:46:22,639

that exercise is gonna make us a little

1868

01:46:28,149 --> 01:46:26,480

healthier but you have to work at it

1869

01:46:34,060 --> 01:46:28,159

meditation is no different

1870

01:46:36,910 --> 01:46:34,070

it's not a an easy slide into results

1871

01:46:43,839 --> 01:46:36,920

you do have to apply some will and

1872

01:46:46,750 --> 01:46:43,849

discipline but I'm completely sold on it

1873

01:46:51,459 --> 01:46:46,760

because now the benefits that I receive

1874

01:46:53,080 --> 01:46:51,469

from it just so outweigh the effort that

1875

01:46:55,839 --> 01:46:53,090

I have to put out the discipline I have

1876

01:46:59,589 --> 01:46:55,849

to exert the time I have to take to do

1877

01:47:01,299 --> 01:46:59,599

it so I just hope what people hear when

1878

01:47:05,109 --> 01:47:01,309

when they hear me talk is not that they

1879

01:47:06,729 --> 01:47:05,119

should meditate but that wow maybe

1880

01:47:10,390 --> 01:47:06,739

there's something I should experience

1881

01:47:13,870 --> 01:47:10,400

here and give it a go if they're not

1882

01:47:18,970 --> 01:47:13,880

already meditating it is quite simply

1883

01:47:24,490 --> 01:47:18,980

the greatest source of happiness and

1884

01:47:29,319 --> 01:47:24,500

peace of mind that I know and that I

1885

01:47:33,100 --> 01:47:29,329

know I'm not tapping it to its fullest

1886

01:47:35,560 --> 01:47:33,110

yet well you know we have about five

1887

01:47:39,010 --> 01:47:35,570

minutes left is there anything that you

1888

01:47:41,790 --> 01:47:39,020

feel you really wanted to express and

1889

01:47:47,620 --> 01:47:41,800

share that we haven't covered yet

1890

01:47:52,990 --> 01:47:47,630

well my overarching purpose in writing

1891

01:47:57,609 --> 01:47:53,000

the book is to for people who already

1892

01:48:01,740 --> 01:47:57,619

have a belief in things spiritual and

1893

01:48:04,270 --> 01:48:01,750

paranormal to give them maybe a more

1894

01:48:07,600 --> 01:48:04,280

firm foundation for it

1895

01:48:08,230 --> 01:48:07,610

but I'm especially hoping that people

1896

01:48:11,890 --> 01:48:08,240

who

1897

01:48:14,790 --> 01:48:11,900

or have an interest in spiritual

1898

01:48:19,230 --> 01:48:14,800

teachings or spirituality or meditation

1899

01:48:23,520 --> 01:48:19,240

but shy away from it because they think

1900

01:48:25,900 --> 01:48:23,530

science has ruled out any validity to it

1901

01:48:29,080 --> 01:48:25,910

it's really for those people I've

1902

01:48:34,500 --> 01:48:29,090

written this book because what I have

1903

01:48:36,640 --> 01:48:34,510

found is there is nothing in any of the

1904

01:48:40,480 --> 01:48:36,650

genuine spiritual teachings the

1905

01:48:43,090 --> 01:48:40,490

teachings that lie at the heart of all

1906

01:48:47,500 --> 01:48:43,100

religions all spiritual paths all

1907

01:48:49,570 --> 01:48:47,510

traditions that has been experienced

1908

01:48:52,330 --> 01:48:49,580

directly by and testified to by the

1909

01:48:57,550 --> 01:48:52,340

saints and sages there's nothing that

1910

01:48:59,410 --> 01:48:57,560

they say that isn't supported by aspects

1911

01:49:02,380 --> 01:48:59,420

of science it's not supported by

1912

01:49:03,880 --> 01:49:02,390

scientific materialism it's not

1913

01:49:08,110 --> 01:49:03,890

supported by the people who are

1914

01:49:11,350 --> 01:49:08,120

absolutely convinced that this material

1915

01:49:13,270 --> 01:49:11,360

world is all there is but if you can set

1916

01:49:15,100 --> 01:49:13,280

them aside if you can just sort of

1917

01:49:17,980 --> 01:49:15,110

mentally say okay let me let me go

1918

01:49:19,980 --> 01:49:17,990

explore the guys who aren't scientific

1919

01:49:22,930 --> 01:49:19,990

materialists they're women who are

1920

01:49:27,060 --> 01:49:22,940

scientific materialists and see what

1921

01:49:30,100 --> 01:49:27,070

they're saying you'll find there the

1922

01:49:32,500 --> 01:49:30,110

support for what the saints and sages

1923

01:49:35,260 --> 01:49:32,510

are saying and that there really is no

1924

01:49:39,880 --> 01:49:35,270

line between no conflict between them

1925

01:49:42,780 --> 01:49:39,890

there is a strong foundational support

1926

01:49:45,750 --> 01:49:42,790

for both of them in both disciplines

1927

01:49:48,700 --> 01:49:45,760

well you know everyone has their own

1928

01:49:51,220 --> 01:49:48,710

explanation for what would be the

1929

01:49:53,560 --> 01:49:51,230

solution for all the problems of mankind

1930

01:49:55,870 --> 01:49:53,570

you know how do we get at close to that

1931

01:49:59,050 --> 01:49:55,880

you that utopias possible in science has

1932

01:50:01,060 --> 01:49:59,060

there's religions have there's and you

1933

01:50:02,920 --> 01:50:01,070

know some people might say you know as

1934

01:50:04,600 --> 01:50:02,930

soon as we have free energy as soon as

1935

01:50:05,170 --> 01:50:04,610

energy is free it's not going to cost

1936

01:50:07,960 --> 01:50:05,180

anything

1937

01:50:10,810 --> 01:50:07,970

then that's gonna be the major step

1938

01:50:13,630 --> 01:50:10,820

towards you know a unified society and

1939

01:50:17,590 --> 01:50:13,640

you know getting rid of you know lack of

1940

01:50:19,830 --> 01:50:17,600

food and inability to you know have

1941

01:50:21,420 --> 01:50:19,840

enough for all people

1942

01:50:22,860 --> 01:50:21,430

I don't buy it I think that would be

1943

01:50:26,640 --> 01:50:22,870

very very helpful I don't buy that

1944

01:50:28,740 --> 01:50:26,650

that's the one off solution what about

1945

01:50:30,150 --> 01:50:28,750

you do you think how do you think we get

1946

01:50:34,080 --> 01:50:30,160

there you've got two minutes left if you

1947

01:50:36,900 --> 01:50:34,090

can fit that in there well I happen to

1948

01:50:42,870 --> 01:50:36,910

be involved with a kind of a movement

1949

01:50:45,960 --> 01:50:42,880

now that is quite simply putting forward

1950

01:50:48,030 --> 01:50:45,970

the notion everybody that you have to be

1951

01:50:53,130 --> 01:50:48,040

the change you want to see in the world

1952

01:50:56,100 --> 01:50:53,140

that it starts with you and if you don't

1953

01:50:58,950 --> 01:50:56,110

change your consciousness if you are not

1954

01:51:02,370 --> 01:50:58,960

more harmonious if you're not more

1955

01:51:05,880 --> 01:51:02,380

thoughtful towards other people you

1956

01:51:08,160 --> 01:51:05,890

don't create any ripples in the pond of

1957

01:51:12,560 --> 01:51:08,170

consciousness that affect other people

1958

01:51:17,850 --> 01:51:12,570

you just stay in the same level of

1959

01:51:19,500 --> 01:51:17,860

problem thinking so if that world is

1960

01:51:22,760 --> 01:51:19,510

really going to make a significant

1961

01:51:25,680 --> 01:51:22,770

change it's going to come from

1962

01:51:28,380 --> 01:51:25,690

individuals changing themselves first

1963

01:51:30,920 --> 01:51:28,390

and then with that change of

1964

01:51:34,950 --> 01:51:30,930

consciousness doing things differently

1965

01:51:37,110 --> 01:51:34,960

it may be that what they're inspired to

1966

01:51:41,190 --> 01:51:37,120

do is to go find free energy which would

1967

01:51:42,810 --> 01:51:41,200

be great but if we have the same state

1968

01:51:45,360 --> 01:51:42,820

of consciousness we have now throughout

1969

01:51:49,290 --> 01:51:45,370

the world which is pretty tense free

1970

01:51:53,880 --> 01:51:49,300

energy could just be a disaster right it

1971

01:51:55,890 --> 01:51:53,890

could be in the wrong hands and cause

1972

01:52:02,970 --> 01:51:55,900

more problems than it solves

1973

01:52:05,040 --> 01:52:02,980

so yeah that's a sign this no good oh I

1974

01:52:09,690 --> 01:52:05,050

was just gonna say much of science is

1975

01:52:11,550 --> 01:52:09,700

the same it's what we do with it yeah so

1976

01:52:15,000 --> 01:52:11,560

be the change you want to be in the

1977

01:52:18,120 --> 01:52:15,010

world and my number one advice for

1978

01:52:22,500 --> 01:52:18,130

people who believe that and want to do

1979

01:52:25,680 --> 01:52:22,510

that is meditate because that really

1980

01:52:28,440 --> 01:52:25,690

changes you from the inside out I know

1981

01:52:31,260 --> 01:52:28,450

that I can I can attest to that in my

1982

01:52:32,990 --> 01:52:31,270

small own small way so just where do

1983

01:52:34,130 --> 01:52:33,000

where do we get the book

1984

01:52:36,440 --> 01:52:34,140

and where do you want people to go to

1985

01:52:40,880 --> 01:52:36,450

you know take it in touch with you to

1986

01:52:43,100 --> 01:52:40,890

follow you social media etc the book is

1987

01:52:47,120 --> 01:52:43,110

available through the usual online

1988

01:52:49,730 --> 01:52:47,130

outlets Barnes & Noble Amazon you can

1989

01:52:52,490 --> 01:52:49,740

get it from the publisher which is new

1990

01:52:54,950 --> 01:52:52,500

page books if you want to know more

1991

01:52:56,720 --> 01:52:54,960

about me and some of the blog's that I'm

1992

01:53:00,760 --> 01:52:56,730

working on you can go to my website

1993

01:53:05,770 --> 01:53:00,770

which is physics and god

1994

01:53:09,020 --> 01:53:05,780

calm and I have blogs coming out

1995

01:53:11,390 --> 01:53:09,030

regularly and there is more information

1996

01:53:14,540 --> 01:53:11,400

about the book there and links to where

1997

01:53:17,360 --> 01:53:14,550

you can get it alright great author of

1998

01:53:18,830 --> 01:53:17,370

the physics of God Joseph Selby thank

1999

01:53:22,520 --> 01:53:18,840

you so much for coming onto paranormal

2000

01:53:25,730 --> 01:53:22,530

now my pleasure yeah it's actually my

2001
01:53:26,990 --> 01:53:25,740
pleasure indeed I really hope that um we

2002
01:53:28,370 --> 01:53:27,000
can have you back on the program in the

2003
01:53:30,470 --> 01:53:28,380
future are you planning on any other

2004
01:53:36,320 --> 01:53:30,480
works at all in the in the foreseeable

2005
01:53:40,040 --> 01:53:36,330
future this one took me four years to

2006
01:53:43,670 --> 01:53:40,050
research and write I have another idea

2007
01:53:46,340 --> 01:53:43,680
that could take equally long is the

2008
01:53:49,940 --> 01:53:46,350
psychology of God okay

2009
01:53:53,420 --> 01:53:49,950
the already most of this book focuses on

2010
01:53:55,580 --> 01:53:53,430
physics and the kind of hard sciences

2011
01:53:57,620 --> 01:53:55,590
where the soft sciences also have their

2012
01:54:00,290 --> 01:53:57,630
theories that are both material and

2013
01:54:03,200 --> 01:54:00,300

non-material and I'd love to be able to

2014

01:54:09,100 --> 01:54:03,210

give people a an avenue a path to seeing

2015

01:54:13,040 --> 01:54:09,110

how psychology also supports a an inner

2016

01:54:15,320 --> 01:54:13,050

path to connecting an inner path to

2017

01:54:16,580 --> 01:54:15,330

transcendence okay well then yeah let's

2018

01:54:18,320 --> 01:54:16,590

stay in touch if see if we can come up

2019

01:54:20,210 --> 01:54:18,330

with an excuse to have you back on again

2020

01:54:23,060 --> 01:54:20,220

because I have a lot of questions I was

2021

01:54:24,530 --> 01:54:23,070

unable to get to you again thank you for

2022

01:54:26,720 --> 01:54:24,540

coming on two paranormal now this is

2023

01:54:28,820 --> 01:54:26,730

Ellen B Smith on the inception radio

2024

01:54:31,400 --> 01:54:28,830

network I'd like to thank Joe champion

2025

01:54:33,950 --> 01:54:31,410

MJ Lucas and Bob tarmac and also Ken

2026

01:54:36,380 --> 01:54:33,960

cherry from epic voyages radio for

2027

01:54:38,900 --> 01:54:36,390

helping make this podcast

2028

01:54:40,450 --> 01:54:38,910

and to all of you out there live in the